

THE SEVEN INTERNAL MONADS

Completing Them in Their Negative Poles vs. Abdication

By Shepherd Hoodwin

In general, completing an internal monad in the negative pole is preferable in terms of growth and happiness than abdication, but in some cases, especially the 4th and 5th monads, abdication can be less disruptive and uncomfortable because one has given up the struggle. Since so many other people around them have also abdicated these, it may seem normal, but abdication generally means less happiness and growth. One is resigned to lead an ordinary, unfulfilling life.

People may postpone work on their monads if they don't feel that they can focus on them, but that leads to increasing pressure. If a strong decision is made to abdicate, the person shuts down. That is certainly one's choice to make, but abdication demonstrates that false personality/fear is fully in control. Essence wants to grow, keep moving forward. In the negative pole, at least the struggle continues, although that might be more uncomfortable.

Going through them one by one:

1st IM: Abdication is death. Obviously, this is not preferable. This can be determined by the body's lack of health, but a lesser will to live on the soul's part can also be a factor. In the negative pole, there is a failure to thrive that can be corrected later, sometimes much later.

2nd IM: People abdicate their 2nd IM when there isn't enough parental love so that the child feels safe enough to separate from them; they haven't gotten what they need to stand apart from the primary caregiver, especially. Abdication can lead to extreme narcissism and other mental illness. Completing it in the negative pole tends to make for major insecurity but at least there's a path to completing it in the positive pole later. If severe mental illness results from abdication, it is harder to correct. Abdication of this monad usually results in some mental illness because completing it is so fundamental to development.

Narcissism is far more extreme with abdication than with completing it in the negative pole. That's why I stick with solipsism, the original term, for the negative pole and see abdication as often resulting in true clinical narcissism. With abdication, the center doesn't properly solidify and anchor; there's no foundation for moving forward.

3rd IM: If one abdicates, one doesn't separate from family and find independence. This can be okay if the agreement is to never leave the family, but it doesn't result in a good sense of self and an ability to go out into the world. Completing it in the negative pole tends to leave one with a chip on one's shoulder, blaming parents, not taking responsibility, but at least one can function semi-independently.

4th IM: Abdication means a lack of fulfillment, whereas completing it in the negative pole keeps the struggle going beneath the surface to resolve the issues. Abdication means less struggle because one has given up on ever releasing the hold of imprinting and perhaps false overleaves. Since many others are in the same boat, this may seem normal. It makes finding any happiness more difficult, but most people can't envision what true happiness and joy would look like, so they don't expect it. They may be satisfied with the results of abdication.

5th IM: Abdication means that one doesn't become a wise elder because the lessons of the life haven't been consciously gleaned. "The unexamined life isn't worth living." But if someone doesn't want to live an examined life, wants to remain unconscious, this again may seem normal. In the negative pole, there is some evaluation but it may be tinged with regret. So again, the negative pole is less disruptive than abdication, but abdication moves one further from a life of meaning.

6th IM: In abdication, one is in total denial that one is dying. Again, the negative pole can be more uncomfortable in that one faces death but without the blessing of catharsis. They may be more consciously fearful of it.

7th IM: In the negative pole, one dies but without the joy and thrill of transcendence, the "whee!!" Abdication means being an earthbound soul, not crossing over or even realizing that one is dead.

Abdicating or completing IMs in their negative poles is not the only reason a soul might chose to have more lifetimes at a particular soul age level. They might all be complete but the soul chooses to continue to explore the lessons of that level in new ways, in new places. One soul age level isn't better than another; each has its own perspective and lessons. Being able to breeze through the IMs of a level in future lifetimes allows one to focus more on other experiences and issues.