

In Memoriam



*In loving memory of friends from two decades
Of East Coast Michael Students Gatherings*



EUGENE TROUT

Born May 24, 1937 • Transitioned February 16, 2023 (85 yrs.)

Dr. Eugene Trout was one of the founders of the original Michael group. In the Yarbrow books, he and Dr. Rich Hannah were combined and fictionalized as "Craig." On August 12, 1973, after a couple months of experimenting with a Ouija board, they received a message "We are here with you today." When asked what the group could call the new entity they had contacted, they were given the name "Michael," since that was the name of their final incarnation.

Eugene Trout was then a thirty-six-year-old surgeon. He used the Michael teachings and what he learned about developing his own intuition to better help his patients. Later, he moved to Kentucky with his family and operated a medical practice that helped people learn how to live in healthier ways.

He was a physician of great skill and compassion who never turned patients away who could not afford to pay. His commitment as a body, mind, and spirit physician was of the utmost importance to him. His quest for spiritual truth and knowledge was paramount. The love of his family deepened his soul.

Eugene Richard Trout was born May 24, 1937 in Tulare County, California, the oldest of four sons born to Charlie Clayton Trout and Lydia Mae (Hess) Trout. He died Feb 16, 2023 in Great Falls, VA after living a full and rich life. Gene is survived by his wife Violet and their five children, as well as a brother, Norman Trout, from San Diego, CA, and a daughter from a previous relationship.

At ECMG



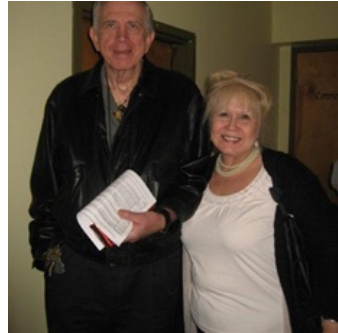


With Rich and Alice Hannah, fellow members of the original Michael group



Family







With Elisabeth Kübler-Ross, when Gene and Violet met:





MICHAEL READING

Eugene Trout

5/31/2012

By **Shepherd Hoodwin** (949) 429-8792
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Transcripts: 3rd (or 2nd?) old scholar, dominance changing to growth, observation, idealist, intellectual part of emotional, arrogance.

6/13/2015 Updated and checked some items based on what was found in the transcripts. Added needs and life quadrant.

ESSENCE

	INSPIRATION		EXPRESSION		ACTION		ASSIMILATION
	Ordinal 1	Cardinal 6	Ordinal 2	Cardinal 5	Ordinal 3	Cardinal 7	Neutral 4
ROLE	○ SERVER	○ PRIEST	○ ARTISAN	○ SAGE	○ WARRIOR	○ KING	⊙ SCHOLAR
	+ Knowledge, – Theory						
ESSENCE TWIN	○ Server	○ Priest	⊙ Artisan	○ Sage	○ Warrior	○ King	○ Scholar
	+ Creation, – Artifice		Male, no plans to meet.	Doctor in Kenya, age 43 or so in 2012. (P. 579 TOMG: "Your essence twin, Eugene, is a king.")			
CASTING:	CADENCE POSITION 6 + Harmony, – Connection		CADENCE 1 GREATER CADENCE 3 RAW #				
Position Resonates w: C=Cardinal O=Ordinal	○ Server (1-C)	⊙ Priest (6-O)	○ Artisan (2-C)	○ Sage (5-O)	○ Warrior (3-C)	○ King (7-O)	○ Scholar (4-Neutral)

CADRE/ENTITY* 3 / 4 Love Orientation (Called 1/4 through many channels.)

*Entity number also part of casting.

TASK COMPANION(S)	Artisan, discarnate
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MALE/FEMALE ENERGY 51/49

FREQUENCY 47

PREVIOUS CYCLES 12

OVERLEAVES

NEEDS

Freedom

Power

Acceptance

LIFE

QUADRANT

○ LOVE ● KNOWLEDGE ○ POWER ○ SUPPORT

	INSPIRATION		EXPRESSION		ACTION		ASSIMILATION
	Ordinal 1	Cardinal 6	Ordinal 2	Cardinal 5	Ordinal 3	Cardinal 7	Neutral 4
GOAL	<input type="radio"/> REEVALUATION + Leadership, – Dictatorship	<input type="radio"/> GROWTH	<input type="radio"/> DISCRIMINATION	<input type="radio"/> ACCEPTANCE	<input type="radio"/> SUBMISSION	<input checked="" type="radio"/> DOMINANCE	<input type="radio"/> FLOW
ATTITUDE	<input type="radio"/> STOIC + Coalescence, – Abstraction	<input type="radio"/> SPIRITUALIST	<input type="radio"/> SKEPTIC	<input checked="" type="radio"/> IDEALIST	<input type="radio"/> CYNIC	<input type="radio"/> REALIST	<input type="radio"/> PRAGMATIST
MODE	<input type="radio"/> RESERVE + Clarity, – Surveillance	<input type="radio"/> PASSION	<input type="radio"/> CAUTION	<input type="radio"/> POWER	<input type="radio"/> PERSEVERANCE	<input type="radio"/> AGGRESSION	<input checked="" type="radio"/> OBSERVATION
CENTER	<input checked="" type="radio"/> EMOTIONAL + Sensibility, – Sentimentality		<input type="radio"/> INTELLECTUAL Intellectual Part		<input type="radio"/> PHYSICAL (See notes.)	<input type="radio"/> MOVING	(Other centers can't be primary.)
CHIEF OBSTACLE	<input type="radio"/> SELF-DEP. + Pride, – Vanity	<input checked="" type="radio"/> ARROGANCE	<input type="radio"/> SELF-DEST.	<input type="radio"/> GREED	<input type="radio"/> MARTYRDOM	<input type="radio"/> IMPATIENCE	<input type="radio"/> STUBBORNNESS
BODY TYPES	<input type="radio"/> LUNAR + Rugged, – Gaunt	<input checked="" type="radio"/> SATURNIAN	<input type="radio"/> JOVIAL	<input type="radio"/> MERCURIAL	<input type="radio"/> VENUSIAN	<input type="radio"/> MARTIAL	<input type="radio"/> SOLAR

FOCUS (Soul Age) ☐ SURVIVAL (Infant) ☐ STRUCTURE (Baby) ☐ ACHIEVEMENT (Young) ☐ RELATIONSHIP (Mature) ☒ CONTEXT (Old)

+ Inclusiveness, – Undirectedness ☐ 1 ☐ 2 ☒ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 **MANIFESTING** SAME



GLENN ALLEN STEWART

Born Dec 28, 1961 • Transitioned December 15, 2009 (47 yrs.)

Born at Tachikawa Air Force Base in Japan to George “Pat” and Elizabeth “Betty” Stewart, Glenn grew up in Niceville, Florida. He spent most of his adult life in Massachusetts where he worked for a number of different companies as a computer programmer,

Glenn was a consummate sage, always happiest when he had an audience for whom he could perform. He described his life’s job as “to show others a different perspective on things and to not take things too seriously. Life is a comedy to be enjoyed.”

Glenn was a talented musician, often exploring the limits of his abilities to try out new instruments and new music he could play. He enjoyed challenging others to play his Aboriginal didgeridoo with some hilarious effects, and then afterwards entertaining them with his own virtuosity.

Not only did Glenn share his gifts of music, but for many years he also created handmade, lovingly painted little wish boxes, and gifted these personalized boxes to several different recipients. These now sit on the shelves and desks of many Michael students, remembrances of a complex, creative, and often troubled man who tried to fill his too short life with a variety of successful and not-so-successful experiences.

Glenn died unexpectedly of unsuspected injuries received from a bicycle fall. He is survived by his daughter Colleen, his son David, and his brother George.



MICHAEL READING

Glenn Stewart

CHANNELED BY TROY TOLLEY

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ESSENCE

	INSPIRATION		EXPRESSION		ACTION		ASSIMILATION
	Ordinal 1	Cardinal 6	Ordinal 2	Cardinal 5	Ordinal 3	Cardinal 7	Neutral 4
ROLE	<input type="radio"/> SERVER + Expression, – Oration	<input type="radio"/> PRIEST	<input type="radio"/> ARTISAN	<input checked="" type="radio"/> SAGE	<input type="radio"/> WARRIOR	<input type="radio"/> KING	<input type="radio"/> SCHOLAR
ESSENCE TWIN	<input type="radio"/> Server	<input type="radio"/> Priest	<input type="radio"/> Artisan	<input type="radio"/> Sage	<input type="radio"/> Warrior	<input type="radio"/> King	<input type="radio"/> Scholar
	NONE						

CASTING: CADENCE POSITION 2 + Stability, – Balance

Position
Resonates w:
C=Cardinal
O=Ordinal

☐ Server (1-C) ☐ Priest (6-O) ☒ Artisan (2-C)

CADENCE

☐ Sage (5-O)

GREATER CADENCE

☐ Warrior (3-C)

RAW # 646 2/4/7*

☐ King (7-O) ☐ Scholar (4-Neutral)

CADRE/ENTITY* 3 / 3 (AKA 1/3)

*Entity number also part of casting.

TASK COMPANION(S) Server, female, Artisan, male

MALE/FEMALE ENERGY 44/56

FREQUENCY 79

PREVIOUS CYCLES 10

OVERLEAVES

NEEDS

LIFE QUADRANT ☐ LOVE ☐ KNOWLEDGE ☐ POWER ☐ SUPPORT

	INSPIRATION		EXPRESSION		ACTION		ASSIMILATION
	Ordinal 1	Cardinal 6	Ordinal 2	Cardinal 5	Ordinal 3	Cardinal 7	Neutral 4
GOAL	<input type="radio"/> REEVALUATION + Comprehension, – Confusion	<input checked="" type="radio"/> GROWTH	<input type="radio"/> DISCRIMINATION	<input type="radio"/> ACCEPTANCE	<input type="radio"/> SUBMISSION	<input type="radio"/> DOMINANCE	<input type="radio"/> FLOW
ATTITUDE	<input type="radio"/> STOIC + Practicality, – Dogmatism	<input type="radio"/> SPIRITUALIST	<input type="radio"/> SKEPTIC Sliding to Idealist	<input type="radio"/> IDEALIST	<input type="radio"/> CYNIC	<input type="radio"/> REALIST	<input checked="" type="radio"/> PRAGMATIST
MODE	<input type="radio"/> RESERVE + Self-Actualization, – Identification	<input checked="" type="radio"/> PASSION	<input type="radio"/> CAUTION	<input type="radio"/> POWER	<input type="radio"/> PERSEVERANCE	<input type="radio"/> AGGRESSION	<input type="radio"/> OBSERVATION
CENTER	<input type="radio"/> EMOTIONAL + Enduring, – Energetic		<input type="radio"/> INTELLECTUAL Intellectual Part		<input type="radio"/> PHYSICAL	<input checked="" type="radio"/> MOVING	(Other centers can't be primary.)
CHIEF OBSTACLE	<input type="radio"/> SELF-DEP. + Determination, – Obstinance	<input type="radio"/> ARROGANCE	<input type="radio"/> SELF-DEST.	<input type="radio"/> GREED Sliding to Martyrdom	<input type="radio"/> MARTYRDOM	<input type="radio"/> IMPATIENCE	<input checked="" type="radio"/> STUBBORNNESS Secondary—Self-Destruction
BODY TYPES	<input type="radio"/> LUNAR	<input type="radio"/> SATURNIAN	<input type="radio"/> JOVIAL	<input type="radio"/> MERCURIAL	<input type="radio"/> VENUSIAN	<input type="radio"/> MARTIAL	<input type="radio"/> SOLAR

SECONDARY(IES)

FOCUS (Soul Age) ☐ SURVIVAL (Infant) ☐ STRUCTURE (Baby) ☐ ACHIEVEMENT (Young) ☐ RELATIONSHIP (Mature) ☒ CONTEXT (Old)
+ Inclusiveness, – Undirectedness ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☒ 5 ☐ 6 ☐ 7 **MANIFESTING** SAME

167 past lives

*CR Experimentation, GJ Integration, Love Side



GORDON MURRAY

Born March 15, 1935 • Transitioned March 15, 2016 (81 yrs.)

Gordon was born the same year as Elvis, 1935. The son of a traveling Methodist preacher, Gordon grew up in eastern Washington state and Idaho, settling later in the Chicago area. He met his wife, Jane, in their first week of college when they were both seventeen and married three years later between their junior and senior years.

Gordon was a experimental physicist, a voracious reader, a gourmet cook, a wine aficionado, a runner, and a fast driver.

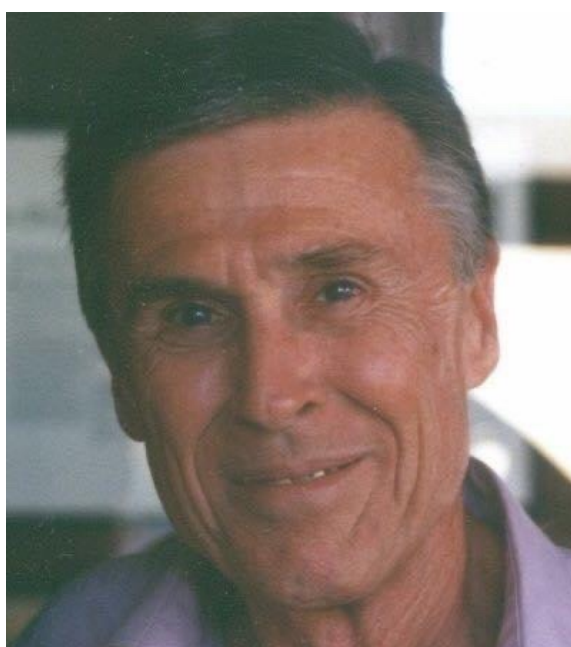
Gordon loved to talk and would talk to almost anyone about almost anything. He read widely and constantly, and was well-versed on seemingly every topic. He enjoyed science fiction, especially the novels of Robert Heinlein and Greg Bear, and included on his three walls stuffed with floor-to-ceiling bookshelves the complete works of James Michener and nearly all of Ian Fleming's James Bond novels.

Gordon also enjoyed classical music, and owned a large collection of classical records that he played on a mid-century hi-fi, a large piece of furniture that contained a turntable.

Gordon loved people and regarded almost everyone as his friend. He had a soft heart, often tearing up watching movies that showed people overcoming adversity, but like many men of his generation, he didn't know how to express his own feelings. His foray into metaphysics, which spanned the second half of his life, began as an attempt to make sense of his divorce, and remained because it made so much more sense to him than any other spiritual path.

Gordon was an active Michael student online as well as at the regular Michael student get-togethers in Boulder, Colorado, where he lived in his later years. He departed for the otherworld on his birthday in 2016.





MICHAEL READING

Gordon Murray

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NOT CHANNELED BY SHEPHERD HOODWIN

ESSENCE

	INSPIRATION			EXPRESSION			ACTION		ASSIMILATION
	Ordinal 1	Cardinal 6		Ordinal 2	Cardinal 5		Ordinal 3	Cardinal 7	Neutral 4
ROLE	<input type="radio"/> SERVER + Expression, – Oration	<input type="radio"/> PRIEST		<input type="radio"/> ARTISAN	<input checked="" type="radio"/> SAGE		<input type="radio"/> WARRIOR	<input type="radio"/> KING	<input type="radio"/> SCHOLAR
ESSENCE TWIN	<input type="radio"/> Server + Knowledge, – Theory	<input type="radio"/> Priest		<input type="radio"/> Artisan	<input type="radio"/> Sage		<input type="radio"/> Warrior	<input type="radio"/> King	<input checked="" type="radio"/> Scholar

CASTING: CADENCE POSITION

Position	CADENCE		GREATER CADENCE		RAW #	
Resonates w:	<input type="radio"/> Server (1-C)	<input type="radio"/> Priest (6-O)	<input type="radio"/> Artisan (2-C)	<input type="radio"/> Sage (5-O)	<input type="radio"/> Warrior (3-C)	<input type="radio"/> King (7-O)
C=Cardinal O=Ordinal						<input type="radio"/> Scholar (4-Neutral)

CADRE/ENTITY* /

*Entity number also part of casting.

TASK COMPANION(S)

MALE/FEMALE ENERGY 35/65

FREQUENCY

PREVIOUS CYCLES

OVERLEAVES

NEEDS

LIFE ☐ LOVE ☐ KNOWLEDGE ☐ POWER ☐ SUPPORT
QUADRANT

	INSPIRATION			EXPRESSION			ACTION		ASSIMILATION
	Ordinal 1	Cardinal 6		Ordinal 2	Cardinal 5		Ordinal 3	Cardinal 7	Neutral 4
GOAL	<input type="radio"/> REEVALUATION + Agape, – Ingratiation	<input type="radio"/> GROWTH		<input type="radio"/> DISCRIMINATION	<input checked="" type="radio"/> ACCEPTANCE		<input type="radio"/> SUBMISSION	<input type="radio"/> DOMINANCE	<input type="radio"/> FLOW
ATTITUDE	<input type="radio"/> STOIC + Coalescence, – Abstraction	<input type="radio"/> SPIRITUALIST		<input type="radio"/> SKEPTIC	<input checked="" type="radio"/> IDEALIST		<input type="radio"/> CYNIC	<input type="radio"/> REALIST	<input type="radio"/> PRAGMATIST
MODE	<input type="radio"/> RESERVE + Clarity, – Surveillance	<input type="radio"/> PASSION		<input type="radio"/> CAUTION Sliding to Passion	<input type="radio"/> POWER		<input type="radio"/> PERSEVERANCE	<input type="radio"/> AGGRESSION	<input checked="" type="radio"/> OBSERVATION
CENTER	<input type="radio"/> EMOTIONAL + Thought, – Reason			<input checked="" type="radio"/> INTELLECTUAL Emotional Part			<input type="radio"/> PHYSICAL	<input type="radio"/> MOVING	(Other centers can't be primary.)
CHIEF OBSTACLE	<input type="radio"/> SELF-DEP. + Determination, – Obstinacy Slides to others as well.	<input type="radio"/> ARROGANCE		<input type="radio"/> SELF-DEST.	<input type="radio"/> GREED Sliding to Impatience		<input type="radio"/> MARTYRDOM	<input type="radio"/> IMPATIENCE	<input checked="" type="radio"/> STUBBORNNESS
BODY TYPES	<input type="radio"/> LUNAR + Rugged, – Gaunt	<input checked="" type="radio"/> SATURNIAN		<input type="radio"/> JOVIAL	<input type="radio"/> MERCURIAL		<input type="radio"/> VENUSIAN	<input type="radio"/> MARTIAL	<input type="radio"/> SOLAR
		SECONDARY(IES)		Solar	Mercurial				

FOCUS (Soul Age) ☐ SURVIVAL (Infant) ☐ STRUCTURE (Baby) ☐ ACHIEVEMENT (Young) ☐ RELATIONSHIP (Mature) ☒ CONTEXT (Old)
+ Inclusiveness, – Undirectedness ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☒ 7 **MANIFESTING**
Two-thirds of lives female



JOHN DALMAS (John Robert Jones)

Born December 3, 1926 • Transitioned June 15, 2017 (90 yrs.)

Author John Robert Jones, who wrote science fiction under the name of John Dalmás, grew up in Michigan and Minnesota. During WWII he served as a parachute infantryman. Upon his discharge in 1946, he attended college on the G.I. Bill. He majored in forestry at Michigan State, while also taking creative writing courses, and later went back to college to earn a Ph.D. in ecology.

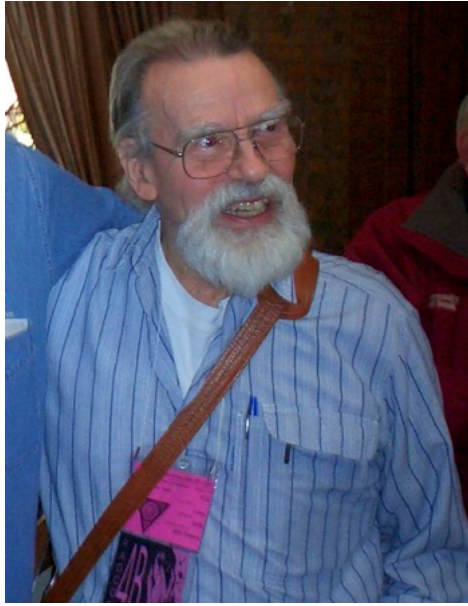
Over the years John earned his living working in construction, as a longshoreman, a smoke jumper, a merchant marine, and ultimately, a writer. In 1985, he and his wife Gail and their daughter and grandson moved to Spokane, Washington.

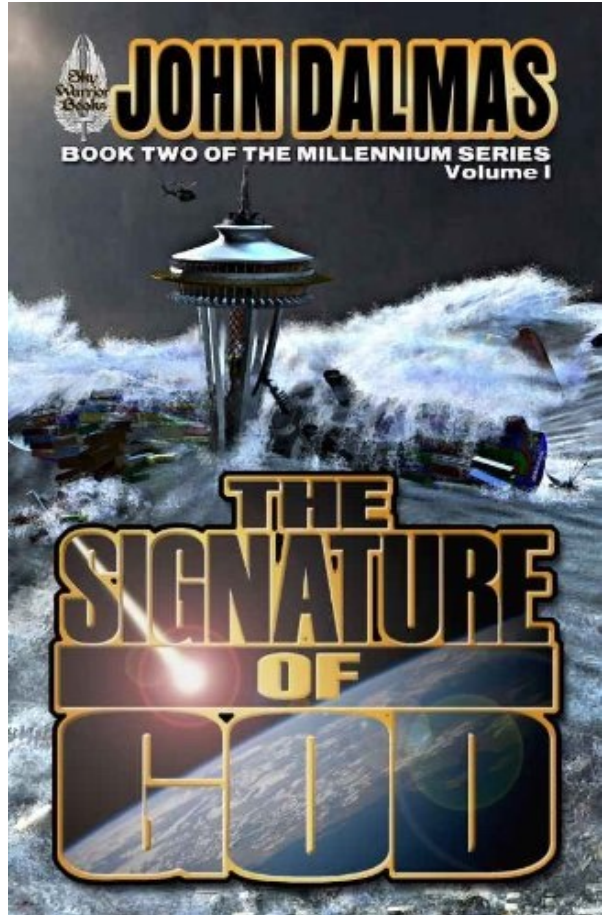
John was a prolific writer of science fiction that often included a side of fantasy or otherworldliness along with a complex geopolitical and/or military landscape. His first book, *The Yngling* (serialized in 1969 and published in 1971) was the first of a four-book series. His other multi-book series included *Fanglith*, *The Regiment*, *The Lizard War*, *The Lion of Farside*, *The Millenium*, and *A Chronicle from the 31st Century*, in addition to ten stand-alone books.

Of particular interest are John's Millenium Series, his two wonderful Michael teachings-themed books. *The Second Coming* (2004) discusses the arrival of the infinite soul and the chaos that his arrival creates. *The Signature of God* (2013) continues the story with a world torn apart after the death of the IS by a combination of natural disasters and geopolitical power struggles while the IS's followers try to save the world from self-annihilation.

John was a kind and creative soul, who enjoyed his fandom yet remained unpretentious and humble. He appreciated being part of the Michael community, and when age made it difficult for him to travel, he could be found sharing his wise insights with those in the online Michael community.







MICHAEL READING

John Dalmas

4/18/2004

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Channeled by Victoria Marina and Shepherd Hoodwin:

ESSENCE

	INSPIRATION		EXPRESSION		ACTION		ASSIMILATION
	Ordinal 1	Cardinal 6	Ordinal 2	Cardinal 5	Ordinal 3	Cardinal 7	Neutral 4
ROLE	○ SERVER + Knowledge, – Theory	○ PRIEST	○ ARTISAN	○ SAGE	○ WARRIOR	○ KING	⊙ SCHOLAR
ESSENCE TWIN	○ Server + Expression, – Oration	○ Priest	○ Artisan	⊙ Sage	○ Warrior	○ King	○ Scholar
Discarnate (Michael /SH: "Essence twin expects to incarnate within two years in Indonesia."							
CASTING: CADENCE POSITION	3 + Enterprise, – Versatility		CADENCE	5	GREATER CADENCE	3	RAW #
Position Resonates w: C=Cardinal O=Ordinal	○ Server (1-C)	○ Priest (6-O)	○ Artisan (2-C)	○ Sage (5-O)	⊙ Warrior (3-C)	○ King (7-O)	○ Scholar (4-Neutral)
CADRE/ENTITY*	3 / 1 (Cadre One in Victoria's system.)		*Entity number also part of casting.				
TASK COMPANION(S)	Warrior, female, friend, (Victoria CH: "known to this fragment some 20 years ago."						
MALE/FEMALE ENERGY	63/37						
FREQUENCY	41						
PREVIOUS CYCLES	11						

OVERLEAVES

NEEDS Adventure Acceptance Communion **LIFE** ○ LOVE ○ KNOWLEDGE ● POWER ○ SUPPORT
QUADRANT

	INSPIRATION		EXPRESSION		ACTION		ASSIMILATION
	Ordinal 1	Cardinal 6	Ordinal 2	Cardinal 5	Ordinal 3	Cardinal 7	Neutral 4
GOAL	<input type="radio"/> REEVALUATION + Comprehension, – Confusion	<input checked="" type="radio"/> GROWTH	<input type="radio"/> DISCRIMINATION	<input type="radio"/> ACCEPTANCE	<input type="radio"/> SUBMISSION	<input type="radio"/> DOMINANCE	<input type="radio"/> FLOW
ATTITUDE	<input type="radio"/> STOIC + Perception, – Supposition	<input type="radio"/> SPIRITUALIST	<input type="radio"/> SKEPTIC	<input type="radio"/> IDEALIST	<input type="radio"/> CYNIC	<input checked="" type="radio"/> REALIST	<input type="radio"/> PRAGMATIST
MODE	<input type="radio"/> RESERVE + Clarity, – Surveillance	<input type="radio"/> PASSION	<input type="radio"/> CAUTION	<input type="radio"/> POWER	<input type="radio"/> PERSEVERANCE	<input type="radio"/> AGGRESSION	<input checked="" type="radio"/> OBSERVATION
CENTER	<input type="radio"/> EMOTIONAL + Amoral, – Erotic		<input type="radio"/> INTELLECTUAL Emotional Part		<input checked="" type="radio"/> PHYSICAL	<input type="radio"/> MOVING	(Other centers can't be primary.)
CHIEF OBSTACLE	<input type="radio"/> SELF-DEP. + Audacity, – Intolerance Why doesn't John validate impatience? "It mostly manifests with regards to deadlines and other time constraints."	<input type="radio"/> ARROGANCE	<input type="radio"/> SELF-DEST.	<input type="radio"/> GREED	<input type="radio"/> MARTYRDOM	<input checked="" type="radio"/> IMPATIENCE	<input type="radio"/> STUBBORNNESS
BODY TYPES	<input type="radio"/> LUNAR + Rugged, – Gaunt	<input checked="" type="radio"/> SATURNIAN	<input type="radio"/> JOVIAL	<input type="radio"/> MERCURIAL	<input type="radio"/> VENUSIAN	<input type="radio"/> MARTIAL	<input type="radio"/> SOLAR
		SECONDARY(IES)	Jovial	Mercurial			
FOCUS (Soul Age)	<input type="radio"/> SURVIVAL (Infant) + Inclusiveness, – Undirectedness	<input type="radio"/> STRUCTURE (Baby)	<input type="radio"/> ACHIEVEMENT (Young)	<input type="radio"/> RELATIONSHIP (Mature)	<input checked="" type="radio"/> CONTEXT (Old)		
			<input type="radio"/> 1 <input type="radio"/> 2 <input checked="" type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 <input type="radio"/> 7		MANIFESTING	SAME	



JUDIE DAVID

Born March 14, 1943 • Transitioned June 1, 2019 (76 yrs.)

Judie David joined the teachings in the early 80's. She was an avid spiritual seeker, loved philosophy, and was a dedicated Michael student. She authored *Michael's Gemstone Dictionary* with JP Van Hulle in 1990 and it's still in use today after many printings. Judie was a psychologist who worked her way through college and grad school after losing her father at 13.

She was also a celebrated and renowned folk dancer who learned and taught dance from Britain to Hungary to Argentina. She was always happy to share her insights on dance, psychology, or philosophy with others. Her only child, Juliana, died in a vehicular accident in 2013 and she took in her three grandsons, raising them while their father was deployed in the Middle East. Sadly, she passed away from a heart attack followed by a stroke in 2019, and JP and their dad continue to raise her dear boys. The oldest, Shane, is graduating this June; we're sure she will be there in spirit.









MICHAEL READING

Judie David

3/26/1993

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OVERLEAVES NOT CHanneled BY SHEPHERD; PROVIDED BY PHIL WITTMAYER

ESSENCE

	INSPIRATION			EXPRESSION			ACTION			ASSIMILATION
	Ordinal 1	Cardinal 6		Ordinal 2	Cardinal 5		Ordinal 3	Cardinal 7		Neutral 4
ROLE	<input type="radio"/> SERVER + Knowledge, – Theory	<input type="radio"/> PRIEST		<input type="radio"/> ARTISAN	<input type="radio"/> SAGE		<input type="radio"/> WARRIOR	<input type="radio"/> KING		<input checked="" type="radio"/> SCHOLAR
ESSENCE TWIN	<input type="radio"/> Server + Expression, – Oration	<input type="radio"/> Priest		<input type="radio"/> Artisan	<input checked="" type="radio"/> Sage		<input type="radio"/> Warrior	<input type="radio"/> King		<input type="radio"/> Scholar
CASTING:	CADENCE POSITION 5 + Expansion, – Adventure				CADENCE	GREATER CADENCE	RAW # *			
Position Resonates w: C=Cardinal O=Ordinal	<input type="radio"/> Server (1-C)	<input type="radio"/> Priest (6-O)		<input type="radio"/> Artisan (2-C)	<input checked="" type="radio"/> Sage (5-O)	<input type="radio"/> Warrior (3-C)	<input type="radio"/> King (7-O)		<input type="radio"/> Scholar (4-Neutral)	

CADRE/ENTITY* 3 / 3 (AKA 1/3)

*Entity number also part of casting.

TASK COMPANION(S)

MALE/FEMALE ENERGY 60/40

FREQUENCY 50

PREVIOUS CYCLES

OVERLEAVES

NEEDS

LIFE QUADRANT ☐ LOVE ☐ KNOWLEDGE ☐ POWER ☐ SUPPORT

	INSPIRATION			EXPRESSION			ACTION			ASSIMILATION
	Ordinal 1	Cardinal 6		Ordinal 2	Cardinal 5		Ordinal 3	Cardinal 7		Neutral 4
GOAL	<input type="radio"/> REEVALUATION + Comprehension, – Confusion	<input checked="" type="radio"/> GROWTH		<input type="radio"/> DISCRIMINATION	<input type="radio"/> ACCEPTANCE		<input type="radio"/> SUBMISSION	<input type="radio"/> DOMINANCE		<input type="radio"/> FLOW
ATTITUDE	<input type="radio"/> STOIC + Investigation, – Suspicion	<input type="radio"/> SPIRITUALIST		<input checked="" type="radio"/> SKEPTIC	<input type="radio"/> IDEALIST		<input type="radio"/> CYNIC	<input type="radio"/> REALIST		<input type="radio"/> PRAGMATIST
MODE	<input type="radio"/> RESERVE + Clarity, – Surveillance	<input type="radio"/> PASSION		<input type="radio"/> CAUTION	<input type="radio"/> POWER		<input type="radio"/> PERSEVERANCE	<input type="radio"/> AGGRESSION		<input checked="" type="radio"/> OBSERVATION
CENTER	<input type="radio"/> EMOTIONAL + Thought, – Reason			<input checked="" type="radio"/> INTELLECTUAL Moving Part			<input type="radio"/> PHYSICAL	<input type="radio"/> MOVING	(Other centers can't be primary.)	
CHIEF OBSTACLE	<input type="radio"/> SELF-DEP. + Determination, – Obstinacy	<input type="radio"/> ARROGANCE		<input type="radio"/> SELF-DEST.	<input type="radio"/> GREED		<input type="radio"/> MARTYRDOM	<input type="radio"/> IMPATIENCE		<input checked="" type="radio"/> STUBBORNNESS
BODY TYPES	<input type="radio"/> LUNAR + Voluptuous, – Obese	<input type="radio"/> SATURNIAN		<input type="radio"/> JOVIAL	<input type="radio"/> MERCURIAL		<input checked="" type="radio"/> VENUSIAN	<input type="radio"/> MARTIAL		<input type="radio"/> SOLAR
		SECONDARY(IES)		Mercurial						
FOCUS (Soul Age)	<input type="radio"/> SURVIVAL (Infant) + Inclusiveness, – Undirectedness	<input type="radio"/> STRUCTURE (Baby)		<input type="radio"/> ACHIEVEMENT (Young)	<input type="radio"/> RELATIONSHIP (Mature)		<input checked="" type="radio"/> CONTEXT (Old)			
				<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input checked="" type="radio"/> 4	<input type="radio"/> 5	<input type="radio"/> 6	<input type="radio"/> 7
							MANIFESTING			

*Cadence = 4, Side = truth



MARY BOHLER VERAS

Born June 30, 1957 • Transitioned January 10, 2023 (65 yrs.)

Mary Bohler Veras of Aurora, Illinois, a well-known and much-loved Michael student of many years, left this world peacefully on January 10th, 2023.

Mary was kind and generous, sharp-witted and fun-loving, and cherished by all who knew her. An ardent devotee of music, Mary performed in and directed several productions of the Holy Cross Players in Batavia, Illinois. She loved cooking, travel, corny jokes, virtual gaming, her cats, and all things metaphysical. She held a degree in geology, had a wonderful collection of magnificent crystal and rock specimens, and was a fierce, capable, respected, and dedicated professional.

She co-authored with channel Mary Jo Hoffman *Stand in Your Light: The Channeled Words of Simon the Peter* (2007). As “Keeper of the Word,” Mary was charged by Simon with the editing and preparing of the channeled messages for publication.

With her indomitable, curious, and kinetic spirit, Mary was in every way a sparkling gift to this world and is missed by her husband, family, and many friends.





MICHAEL READING

Mary Bohler Veras

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NOT CHanneled BY SHEPHERD HOODWIN

ESSENCE

	INSPIRATION			EXPRESSION			ACTION			ASSIMILATION
	Ordinal 1	Cardinal 6		Ordinal 2	Cardinal 5		Ordinal 3	Cardinal 7		Neutral 4
ROLE	<input type="radio"/> SERVER + Creation, – Artifice	<input type="radio"/> PRIEST		<input checked="" type="radio"/> ARTISAN	<input type="radio"/> SAGE		<input type="radio"/> WARRIOR	<input type="radio"/> KING		<input type="radio"/> SCHOLAR
ESSENCE TWIN	<input type="radio"/> Server	<input type="radio"/> Priest		<input type="radio"/> Artisan	<input type="radio"/> Sage		<input type="radio"/> Warrior	<input type="radio"/> King		<input type="radio"/> Scholar

CASTING: CADENCE POSITION

Position	CADENCE		GREATER CADENCE		RAW #	
Resonates w:	<input type="radio"/> Server (1-C)	<input type="radio"/> Priest (6-O)	<input type="radio"/> Artisan (2-C)	<input type="radio"/> Sage (5-O)	<input type="radio"/> Warrior (3-C)	<input type="radio"/> King (7-O)
C=Cardinal						
O=Ordinal						

CADRE/ENTITY* /

*Entity number also part of casting.

TASK COMPANION(S)

MALE/FEMALE ENERGY

FREQUENCY 89

PREVIOUS CYCLES

OVERLEAVES

NEEDS

LIFE ☐ LOVE ☐ KNOWLEDGE ☐ POWER ☐ SUPPORT
QUADRANT

	INSPIRATION			EXPRESSION			ACTION			ASSIMILATION
	Ordinal 1	Cardinal 6		Ordinal 2	Cardinal 5		Ordinal 3	Cardinal 7		Neutral 4
GOAL	<input type="radio"/> REEVALUATION + Comprehension, – Confusion	<input checked="" type="radio"/> GROWTH		<input type="radio"/> DISCRIMINATION	<input type="radio"/> ACCEPTANCE		<input type="radio"/> SUBMISSION	<input type="radio"/> DOMINANCE		<input type="radio"/> FLOW
ATTITUDE	<input type="radio"/> STOIC + Verification, – Faith	<input checked="" type="radio"/> SPIRITUALIST		<input type="radio"/> SKEPTIC	<input type="radio"/> IDEALIST		<input type="radio"/> CYNIC	<input type="radio"/> REALIST		<input type="radio"/> PRAGMATIST
MODE	<input type="radio"/> RESERVE + Persistence, – Immutability	<input type="radio"/> PASSION		<input type="radio"/> CAUTION	<input type="radio"/> POWER		<input checked="" type="radio"/> PERSEVERANCE	<input type="radio"/> AGGRESSION		<input type="radio"/> OBSERVATION
CENTER	<input type="radio"/> EMOTIONAL + Thought, – Reason			<input checked="" type="radio"/> INTELLECTUAL Emotional Part			<input type="radio"/> PHYSICAL	<input type="radio"/> MOVING	(Other centers can't be primary.)	
CHIEF OBSTACLE	<input type="radio"/> SELF-DEP. + Audacity, – Intolerance	<input type="radio"/> ARROGANCE		<input type="radio"/> SELF-DEST.	<input type="radio"/> GREED		<input type="radio"/> MARTYRDOM	<input checked="" type="radio"/> IMPATIENCE		<input type="radio"/> STUBBORNNESS
							Secondary—Martyrdom			
BODY TYPES	<input type="radio"/> LUNAR	<input type="radio"/> SATURNIAN		<input type="radio"/> JOVIAL	<input type="radio"/> MERCURIAL		<input type="radio"/> VENUSIAN	<input type="radio"/> MARTIAL		<input type="radio"/> SOLAR

SECONDARY(IES)

FOCUS (Soul Age) ☐ SURVIVAL (Infant) ☐ STRUCTURE (Baby) ☐ ACHIEVEMENT (Young) ☐ RELATIONSHIP (Mature) ☒ CONTEXT (Old)
+ Inclusiveness, – Undirectedness ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☒ 6 ☐ 7 **MANIFESTING**



CARL LEON STONE

Born June 10, 1936 • Transitioned January 12, 2023 (86 yrs.)

Born in 1936, Carl, the son of Trurlu and Russell Stone, spent his childhood in Oklahoma. He later earned a bachelor's degree in English and speech from Austin College, Texas, and a master's at Florida State University, both equipping him well for a life of adventure and lively conversation.

Known for being a colorful character, Carl brought joy and laughter to each profession he entered. Amongst his credits are assistant and travel companion to the famous tap dancer "Peg Leg" Bates. He also had stints as television sportscaster and weatherman. After a spontaneous move to New York City, he fulfilled his creative dream of authoring thirteen published novels as well as writing *Big Thumbs*, which he brilliantly adapted into a movie.

Over the course of Carl's interesting life, his endless curiosity led him to reside in many states across America, including New York and California, where he found much enjoyment in the evolving flower-child free-love scene.

A devoted student and teacher of metaphysics, Carl was a man of diverse facets, a genius who lived exactly as he wished, an example of courage and inspiration who touched the lives of many.

He is survived by his loving wife Mei Stone, sisters Beverlee Brown and Barbara Wiser, and a lifetime of friends who will miss him always.



With Henry Kissinger at a book signing in 2019





MICHAEL READING

Carl Stone

9/4/1989

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ESSENCE

	INSPIRATION		EXPRESSION		ACTION		ASSIMILATION
	Ordinal 1	Cardinal 6	Ordinal 2	Cardinal 5	Ordinal 3	Cardinal 7	Neutral 4
ROLE	<input type="radio"/> SERVER + Knowledge, – Theory	<input type="radio"/> PRIEST	<input type="radio"/> ARTISAN	<input type="radio"/> SAGE	<input type="radio"/> WARRIOR	<input type="radio"/> KING	<input checked="" type="radio"/> SCHOLAR
ESSENCE TWIN	<input type="radio"/> Server + Persuasion, – Coercion	<input type="radio"/> Priest	<input type="radio"/> Artisan	<input type="radio"/> Sage	<input checked="" type="radio"/> Warrior	<input type="radio"/> King	<input type="radio"/> Scholar

CASTING: CADENCE POSITION 2 + Stability, – Balance

CADENCE 4 GREATER CADENCE 3 RAW #

Position Resonates w: ☐ Server (1-C) ☐ Priest (6-O) ☒ Artisan (2-C) ☐ Sage (5-O) ☐ Warrior (3-C) ☐ King (7-O) ☐ Scholar (4-Neutral)
C=Cardinal
O=Ordinal

CADRE/ENTITY* 10 / 1

*Entity number also part of casting.

TASK COMPANION(S) Priest, discarnate 2) King, discarnate; 3) Sage, discarnate.

MALE/FEMALE ENERGY 61/39

FREQUENCY 51

PREVIOUS CYCLES 11

OVERLEAVES

NEEDS

Expansion Adventure Power

LIFE

☐ LOVE ☐ KNOWLEDGE ☒ POWER ☐ SUPPORT

QUADRANT

	INSPIRATION		EXPRESSION		ACTION		ASSIMILATION
	Ordinal 1	Cardinal 6	Ordinal 2	Cardinal 5	Ordinal 3	Cardinal 7	Neutral 4
GOAL	<input type="radio"/> REEVALUATION + Suspension, – Inertia	<input type="radio"/> GROWTH	<input type="radio"/> DISCRIMINATION	<input type="radio"/> ACCEPTANCE	<input type="radio"/> SUBMISSION	<input type="radio"/> DOMINANCE	<input checked="" type="radio"/> FLOW
ATTITUDE	<input type="radio"/> STOIC + Perception, – Supposition	<input type="radio"/> SPIRITUALIST	<input type="radio"/> SKEPTIC	<input type="radio"/> IDEALIST	<input type="radio"/> CYNIC	<input checked="" type="radio"/> REALIST	<input type="radio"/> PRAGMATIST
MODE	<input type="radio"/> RESERVE + Clarity, – Surveillance	<input type="radio"/> PASSION	<input type="radio"/> CAUTION Sliding to Aggression	<input type="radio"/> POWER	<input type="radio"/> PERSEVERANCE and Perseverance.	<input type="radio"/> AGGRESSION	<input checked="" type="radio"/> OBSERVATION
CENTER	<input type="radio"/> EMOTIONAL + Enduring, – Energetic		<input type="radio"/> INTELLECTUAL Emotional Part		<input type="radio"/> PHYSICAL	<input checked="" type="radio"/> MOVING	(Other centers can't be primary.)
CHIEF OBSTACLE	<input type="radio"/> SELF-DEP. + Determination, – Obstinance According to Ma-Li, Gwenn Hotaling has a record of his secondary being greed. Michael: "Correct."	<input type="radio"/> ARROGANCE	<input type="radio"/> SELF-DEST.	<input type="radio"/> GREED	<input type="radio"/> MARTYRDOM	<input type="radio"/> IMPATIENCE	<input checked="" type="radio"/> STUBBORNNESS
BODY TYPES	<input type="radio"/> LUNAR + Wiry, – Muscle-bound	<input type="radio"/> SATURNIAN	<input type="radio"/> JOVIAL	<input type="radio"/> MERCURIAL	<input type="radio"/> VENUSIAN	<input checked="" type="radio"/> MARTIAL	<input type="radio"/> SOLAR
FOCUS (Soul Age)	121 past lives. Essence Mates: None. 9/4/1989: Manifesting 7th young. 5/1/07: Manifesting: + Resonance, – Subjectivity						
	<input type="radio"/> SURVIVAL (Infant) <input type="radio"/> STRUCTURE (Baby) <input type="radio"/> ACHIEVEMENT (Young) <input checked="" type="radio"/> RELATIONSHIP (Mature) <input type="radio"/> CONTEXT (Old) O 1 O 2 O 3 O 4 <input checked="" type="radio"/> 5 O 6 O 7						
	MANIFESTING SAME						

NOTE FROM PHIL WITTMAYER: From Michael Casting Database (says Cadre 8), no side given. Should be 12, 464 or 807 by what is given. Twin Oaks 2007. Died Jan 12, 2023 (?)



SUZANNE FREY

Born October 10, 1949 • Transitioned February 24, 2023 (73 yrs.)

Born into a Navy family, the daughter of Lt. Commander Richard Slaymaker and Madeline Frey Kaewell, Susan 'Suz' Frey traveled a lot as a young girl, including spending four years in Italy when her father was stationed in Naples.

Suz became a navy wife when she married Ed Guptill. During their twenty-six years of marriage, they lived on both coasts from Norfolk and Virginia Beach in the East to Long Beach, San Pedro, and Alameda in California, finally retiring to Virginia Beach, and ultimately moving to Colorado.

Suz found 'Mikey' in the mid-1980s when, in a bookstore in Virginia Beach, the book *Messages From Michael* literally jumped off the bookshelf and fell at her feet. She came to realize that she had "known" Michael over numerous lifetimes, and eventually connected with other Michael students after she moved to Manitou Springs, Colorado. In 2002, she hosted a Michael student gathering at her home, meeting many other Michael students for the first time.

Suz came to the realization, verified by Michael, that she was a walk-in (what she called "an essence exchange agreement") when the original artisan-cast sage walked out during surgery in 1987, and the Suz many of us came to know and love, a sage-cast priest, walked in. The next seven years were ones of growth and new experiences for her as the new entity and body adapted to each other.

Suz was very much a free spirit, a loving, caring, generous soul who tried to avoid conflict, protect her human and four-footed family, and keep a positive view on life regardless of what fate sent her way. She wrote "Love, peace, good music, sex, community, bare feet, no bras, and weed. The hippies were right!" Suz was indeed a "flower child."

Suz found her true home in Colorado. In later years, she moved in briefly with her daughter back in Virginia Beach. However, she discovered that she missed the mountains and her many friends too much, so she shipped back all of her belongings. With her beloved chihuahua, ChiChi, she flew back home to Colorado, where she spent her final years assisted by her brother Michael. Suz died where her heart belonged.

Suz loved her family dearly and kept in touch with her daughter, her grandchildren, her aunts, her cousins and her brothers her whole life. Suz is missed by her beloved daughter Madeleine Joy, her brothers Michael and James, her grandchildren Rachel, Steven and Ethan, her great grandson Landon, and by her many, many friends in Colorado and in the Michael community.









MICHAEL READING

Suzanne Frey

CHANNELED by Kay Kamala and Emily Baumbach

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ESSENCE

	INSPIRATION			EXPRESSION			ACTION			ASSIMILATION	
	Ordinal 1	Cardinal 6		Ordinal 2	Cardinal 5		Ordinal 3	Cardinal 7		Neutral 4	
ROLE	<input type="radio"/> SERVER + Compassion, – Zeal	<input checked="" type="radio"/> PRIEST		<input type="radio"/> ARTISAN	<input type="radio"/> SAGE		<input type="radio"/> WARRIOR	<input type="radio"/> KING		<input type="radio"/> SCHOLAR	
ESSENCE TWIN	<input type="radio"/> Server	<input type="radio"/> Priest		<input type="radio"/> Artisan	<input type="radio"/> Sage		<input checked="" type="radio"/> Warrior	<input type="radio"/> King		<input type="radio"/> Scholar	
	+ Persuasion, – Coercion										
CASTING:	CADENCE POSITION 5 + Expansion, – Adventure					CADENCE	GREATER CADENCE		RAW # 26 1/4/5*		
Position Resonates w: C=Cardinal O=Ordinal	<input type="radio"/> Server (1-C)	<input type="radio"/> Priest (6-O)		<input type="radio"/> Artisan (2-C)	<input checked="" type="radio"/> Sage (5-O)		<input type="radio"/> Warrior (3-C)	<input type="radio"/> King (7-O)		<input type="radio"/> Scholar (4-Neutral)	
CADRE/ENTITY*	3 / 3 (AKA 1/3)										*Entity number also part of casting.

TASK COMPANION(S)

MALE/FEMALE ENERGY 63/37

FREQUENCY

PREVIOUS CYCLES

OVERLEAVES

OVERLEAVES

NEEDS

Expression

Freedom

Exchange

LIFE

QUADRANT

LOVE

KNOWLEDGE

POWER

SUPPORT

INSPIRATION

1

EXPRESSION

2

ACTION

3

ASSIMILATION

4

Ordinal

Cardinal

Ordinal

Cardinal

Ordinal

Cardinal

Neutral

GOAL

REEVALUATION

GROWTH

DISCRIMINATION

ACCEPTANCE

SUBMISSION

DOMINANCE

FLOW

+ Agape, – Ingratiation

ATTITUDE

STOIC

SPIRITUALIST

SKEPTIC

IDEALIST

CYNIC

REALIST

PRAGMATIST

+ Coalescence, – Abstraction

Sliding to Skeptic

MODE

RESERVE

PASSION

CAUTION

POWER

PERSEVERANCE

AGGRESSION

OBSERVATION

+ Clarity, – Surveillance

Sliding to Passion

CENTER

EMOTIONAL

INTELLECTUAL

PHYSICAL

MOVING

(Other centers can't be primary.)

+ Sensibility, – Sentimentality

Intellectual Part

CHIEF OBSTACLE

SELF-DEP.

ARROGANCE

SELF-DEST.

GREED

MARTYRDOM

IMPATIENCE

STUBBORNNESS

+ Determination, – Obstinacy

Secondary—Impatience

BODY TYPES

LUNAR

SATURNIAN

JOVIAL

MERCURIAL

VENUSIAN

MARTIAL

SOLAR

+ Radiant, – Ethereal

SECONDARY(IES)

Venusian

Mercurial

FOCUS (Soul Age)

SURVIVAL (Infant)

STRUCTURE (Baby)

ACHIEVEMENT (Young)

RELATIONSHIP (Mature)

CONTEXT (Old)

+ Inclusiveness, – Undirectedness

1

2

3

4

5

6

7

MANIFESTING

*CR Study, GJ Guidance/Mentor, Truth Side

REMEMBER ME

By Barbara Taylor

Remember me, as the mist of the morning
Gives way to sunlight.
Remember me, as the rainbow after a storm.
Remember me, as the waves upon the beach.
Remember me, as the soft wind in the forest pines.
Remember me, in the cooing of lovebirds.
Remember me, in the tinkle of Christmas bells.
Remember me, with a twinkle in my eyes,
Laughter in my heart,
And joy in life's adventures — always!
Remember me, as gentle spring rain and
Daffodils bursting through the snow.
Remember me, as truth and purity of thought.
Remember me, as quiet solitude.
Remember me, for the love I shared with those I knew.
Remember me, and be glad we shared memories together.
Remember me, in your heart, in your mind, in your soul.

I am every where, yet no where.
My soul and my spirit live on,
Cherished and enriched by those who have known me.

Remember me,
And in that memory,
I live forever.

PDF was assembled and edited by Shepherd Hoodwin.

After Gene Trout's, remembrances of friends are in order of their passing.

Biographies are by Kathryn Schwenger, Barbara Taylor,
JP Van Hulle, and Talyaa Liera.

Michael profiles are by various channels inserted into Shepherd's chart format,
for consistency using the cadre numbers Michael channels through Shepherd.

We honor all our friends and fellow members of the Michael community who have
passed on. This PDF focuses on those who attended the East Coast Gatherings.