

Shepherd Beyond the MC II

Session 2: Oct 16th

The Infinite and Transcendental Souls

Transcribed by Susan A. Flow

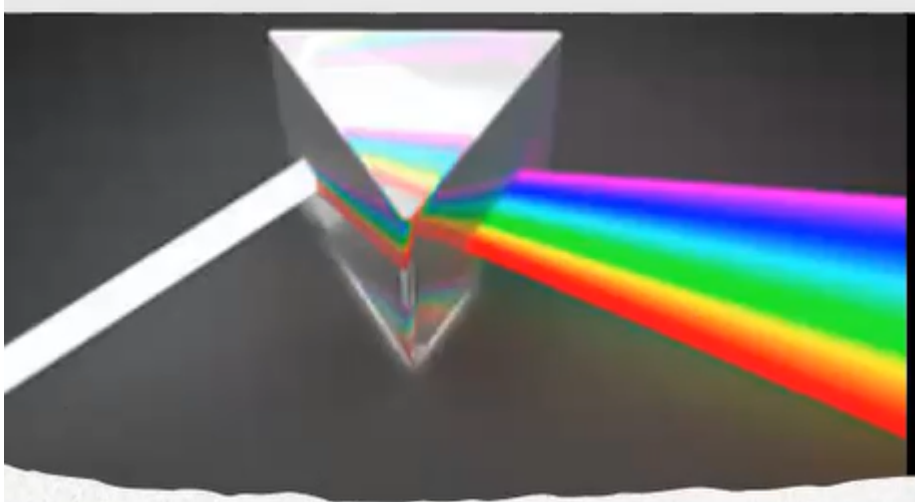
One of our students, took some amazing initiative and put together a chart, a couple of PDFs and a PowerPoint.

I had questions around the planes of existence, and I was exploring how to think about energies, so I put some pictures together to illustrate the questions that I had.

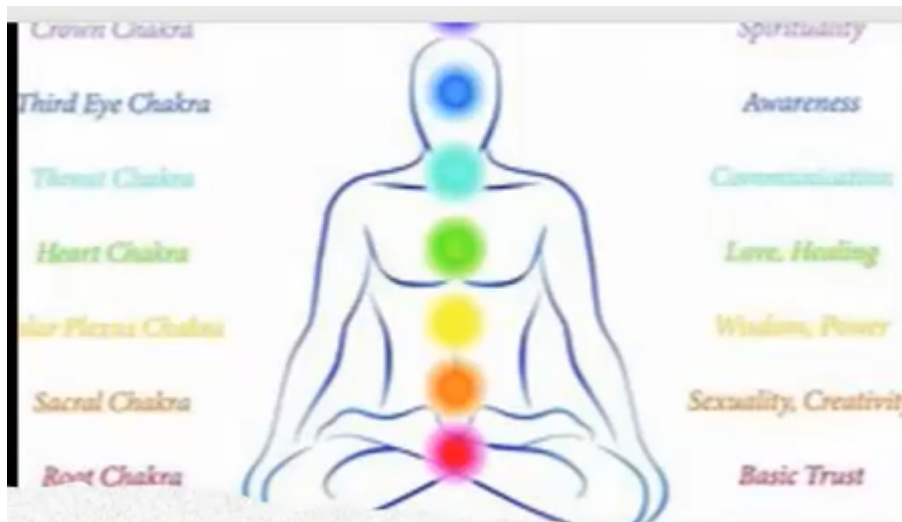
You took a lot of time and energy to put these graphics together for us. I'm sure we are all very grateful for it

In the Michael Teachings I see a lot of references to colors of the rainbows and breaking out into groups of 7. This question is around these concepts.

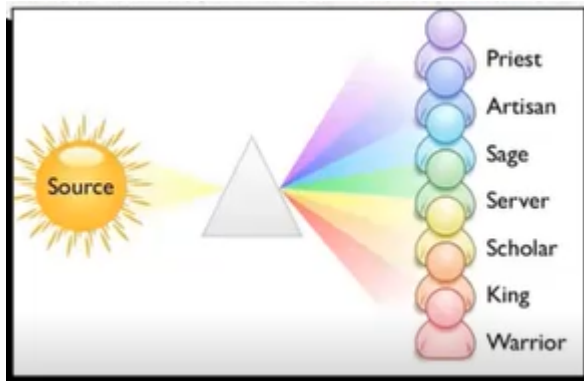
This is a picture of a prism with white light going to a rainbow.



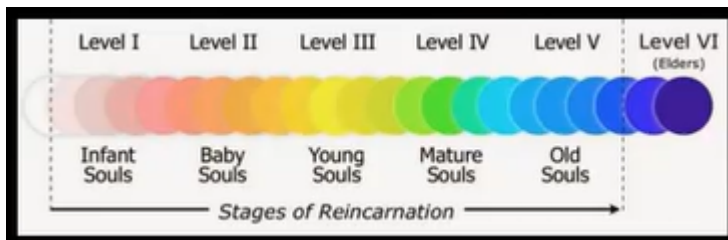
And then how the Chakras break out into the rainbow.



Then each of the roles tend to be a color of the rainbow,



And finally, another picture I found from some Michael material using color to depict where you were in soul age.



My question is, there so often is a depiction of light frequencies or light waves, does this suggest that this Spark, Essence, Personality created from the Tao is some kind of filter?

Should we think of it that way? Is there a filter that the Universe is using and is that why we have this recurrence of the 7 numbers?

I do think of it that way. As long as we don't take this too literally and think of it instead as an allegory or metaphor, I think we are fine. I've always thought of the Tao's energy emanating into our Universe as splitting into first Love, Truth and Beauty. Love correlates with emotions and the Inspiration Axis, Truth with intellect and the Expression Axis and Beauty, pure energy as the Action Axis.

So, I think of this as the first division and then each of these break down further into the halves, Cardinal and Ordinal and with Neutral aspect being Assimilation.

But again, we are just using analogies and thinking of it coming through the Prism and dividing into 7 is perfectly legitimate. You can compare it to light and color, but you can also compare it the sound using the 7 notes of the Western musical scale which further differentiates into 12 if you talk about the half tones.

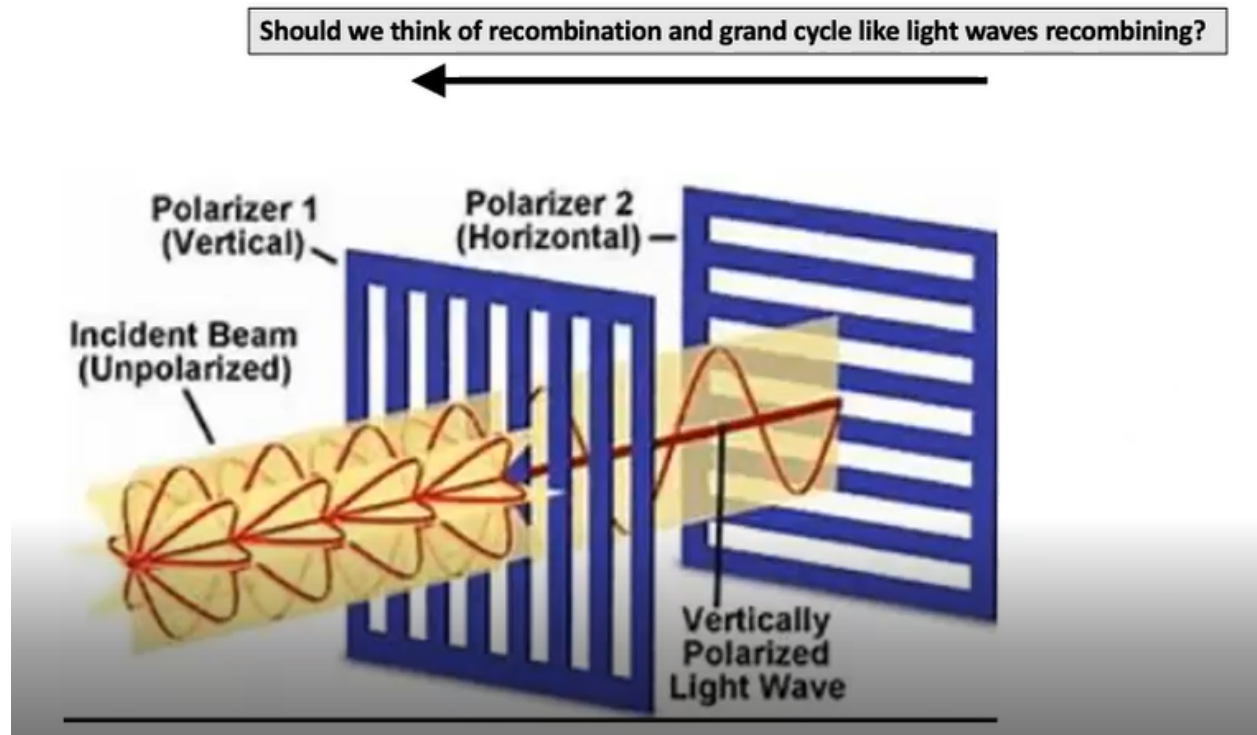
Our Universe is built on the principle of 7 and 7 then leads to various other numbers. That is just how the Tao created this particular Universe. I think these are excellent.

Where did you get the Soul Age graphic? I've not seen it before, and it is very beautiful.

I found it on an internet search. I'll see if I can find the source.

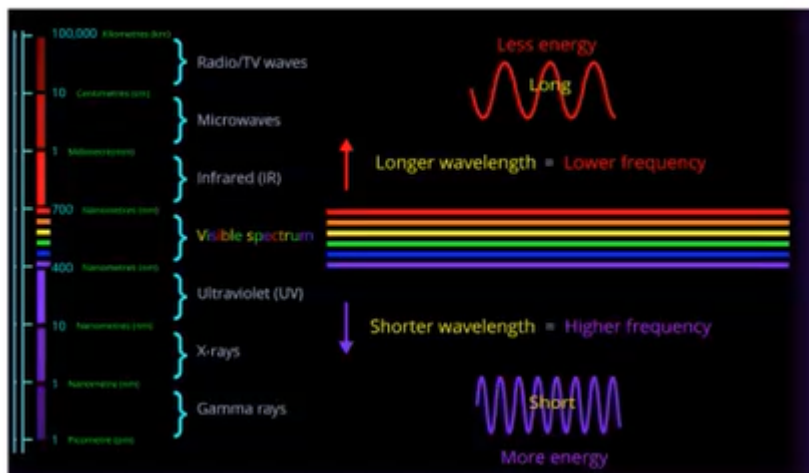
Let's go on to the next graphic.

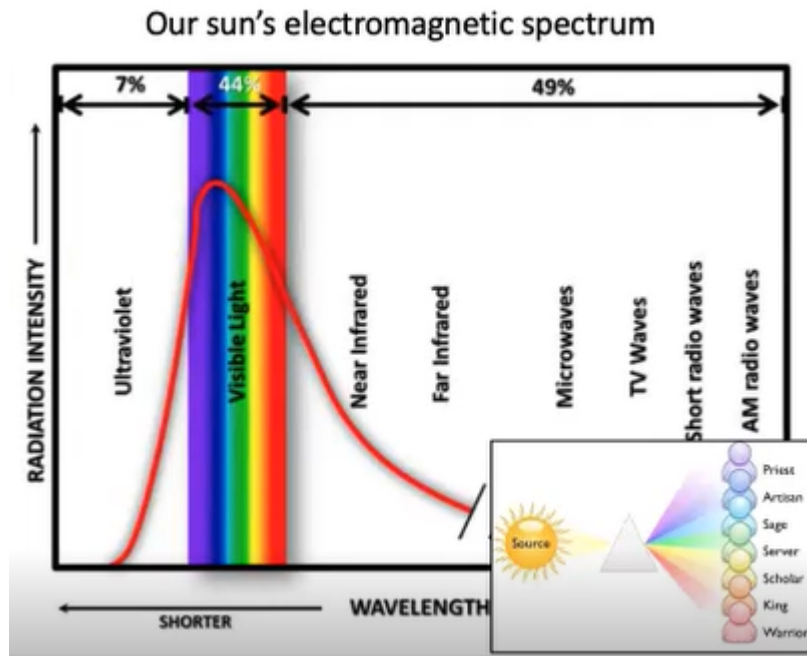
This one might appear a little crazy or over the top. For those who want to think about this one, it's about white light and filtering it down. And if we should be thinking of it in this manner.



Maybe we should, a Physicist who would understand it but for the rest of us it might take time before we could understand it to benefit from it. So, let's go to the third graphic.

In this graphic, I'm going back to the rainbow and the visible light energies. Do Essence frequencies tend to correlate with the energies that you see in visible light spectrum or are they only an Earth based imagery?





I think that music might be a more instructive analogy because you have octaves. You have 7 notes from Middle C to High C but then you have a repeating pattern just an octave up, a higher vibration doing the same thing. You have the same patterns another octave up or an octave down.

I think these 7 patterns repeat but the 7 colors of the rainbow are simple what our human eyes are constructed to perceive. Our physical bodies have senses that tune into realities in a certain way and at the same time we block out the vast majority of reality. If we didn't, we'd be overwhelmed because our human bodies just couldn't take it all in. So, we focus on a few bands of reality, and we ignore the rest.

Those who can see some of the levels that are invisible to others are maybe psychics or artists and that can be difficult to manage. You can see why at this time not everyone tunes into reality in that way.

We can see these levels in the planes of existence. You know there are 7 planes of creation. Starting with the Physical Plane that is broken up into 7 sub-planes or 7 levels of the Physical Plane. They might also be broken up into 7 sublevels so, you could keep on going into more and more subtle levels of perception.

The way I think of it is we are on the 4th level of the Physical Plane. We sometimes glimpse the 3rd level, which is the realm of the Devas, the nature spirits. Some people do sense the fairies and goblins, elves and so forth. You just have to tune into a slightly slower level of perception.

And we also sometimes tune into the 5th level, which is the aura, which is the etheric body. Some of us do sense that, ghosts for example, but mainly we perceive the 4th level.

Then we go to the Astral Plane and that also has 7 levels which each might have 7 sublevels so on and so forth.

What do you think of that? I find it very interesting.

Some of the next questions repeat what you just answered: I was think of us as an Essence..... when we combine with others of the same role, maybe that is a harmony where we're loud because we are all vibrating at the same frequency. But then I thought as we recombine with more and more groups our energies become solidified... These questions are around those thoughts. (Listen to the audio for specifics)

Should we think of Tao and all energy from Tao through the grand cycle most similar to waves?

If so, is Tao "solid light"?

Or are there elements of Tao and the grand cycle that are similar to protons & neutrons combining into atoms and then into molecules etc? Where as we recombine, we recombine in a way that has positive and negative charges?

I don't know Physics but I'm getting from spirit that the answer is "all the above" that all of these work as analogies as long as we don't take them literally. We also had a discussion that the original emanation from the Tao is like white light that contained all the colors and hen it breaks down into its individual components. So, we can have more individuated experiences.

Then we start reassembling and it ends up like white light but at a more refined level because of all the experiences that have been brought back. And all of this then merges into the Tao. That model works very well for me.

You also made a chart that showed our Cadres and Entities. This is already in our PDF folder. What would you like to say about this?

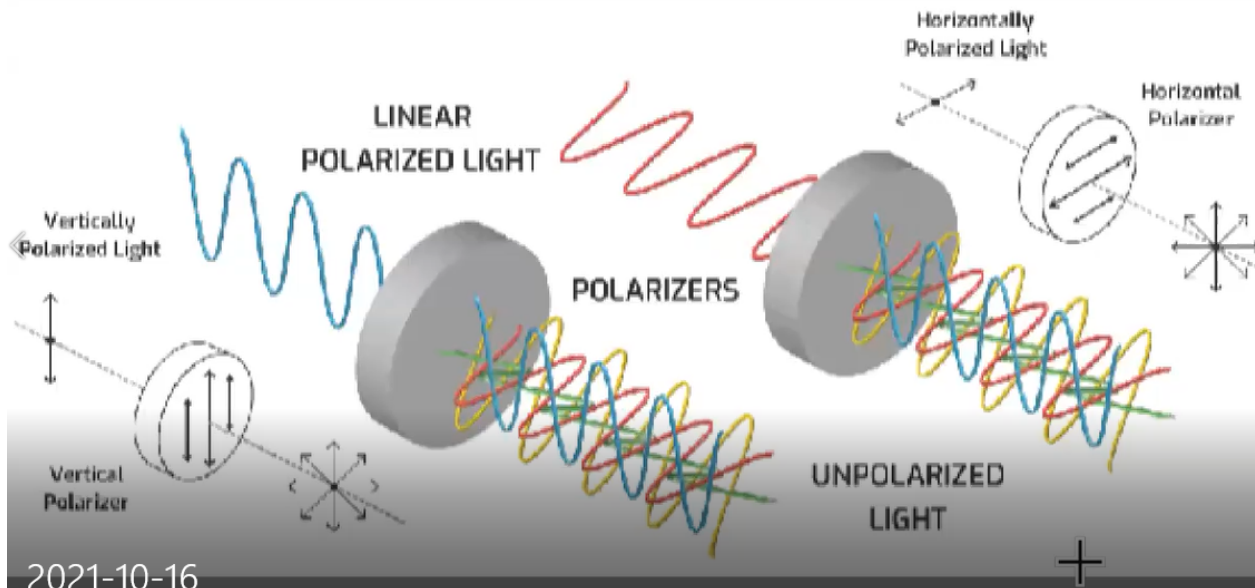
Combination plane:	All 7 roles			2-3 key roles		1 role		
	<i>Buddhaic</i>	<i>Messianic</i>	<i>Mental</i>	<i>Causal-Upper Astral</i>		<i>Upper Astral</i>	<i>Middle Astral</i>	
	7 million Essences	588,000 Essences	7000 Essences	1000 Essences		49 Essences	7 Essences	
Name	Greater Cadre Groups	Cadre Group	Cadre	Entity	Roles:	Greater Cadence	Cadence	Cadence Position
Mirah L					Priest	1	2	4
Meredith B					Scholar		2	5
Susan C				1	Scholar	2	6	3
Amanda R					Artisan	3	6	6
Patricia E					Sage	4	2	3
Shepherd H				2	Sage	3	4	5
Stanley G		2	3	3	Sage	2	2	6
Gloria C					Sage	1	7	6
Maria G				4	Server	2	1	4
Bill G					Scholar	2	2	2
Angel L				7	Artisan	3	1	4
Susan F					Server (ET: Warrior)		4	6
Alice B					Warrior	6	7	3
Franziska F				2	Sage	4	1	1
Mike H					Priest		6	5
Zhilla B				3	King	2	7	4
Melanie S		2	4	5	Priest	2	7	7
Ashvin S					Sage	2	5	3
Ronnie W				6	Artisan	7	4	1
Alexander B					Scholar	3	2	4
Linda W				7	King	7	4	1
Bernhard P		2	7	2	Sage	4	2	3
Judy T				1	Sage	4	6	7
Ruthanne H		2	8	2	Artisan	1	5	3

I took the charts from Shepherd and visualized how they fit together. I also used Shepherd's book to figure out where the recombinations occur. The first column is your name. It starts with the biggest group which is Tao and ends with the smallest group which is cadence.

In the first column, it shows how many roles exist in each of these columns. The second row indicates on which plane we will recombine. The 3rd row is how many Essences there are when we recombine. And the 4th row is what those groupings are called. This is just my way of visualizing how we relate to each other and when we will recombine with each other.

I think this is really good and it also gives you an entity list for this group so you can see who is in the same entities. 17:24 we have a lot of people in the 1st and 7th entities. And through me Michael calls the 3 cadre and through some channels call Cadre 1.

Then you sent another graphic. Do you want to say anything about this?



Again, it refers to white light and all the different energies, that is what is coming in on the right. It visualizes it going through a filter that allows just one of those energies to come through. This depicts how you move in both directions using a filter concept.

When I channel Michael, people routinely say that see a white light around me tinged with blue. As a joke I sometimes put up a big piece of white posterboard and said, this is a picture of Michael, aren't they beautiful? I.e. pure white light. Does anyone have a question?

With respect to the filter comment (missing audio) the filter draws something or eliminates something (missing audio) and something is left... (several missing comments) in getting here your not so much subtracting as pointing out, Shepherd: differentiating, more like a prism than a filter. Exactly, your splitting out as opposed to filtering.

Yes, thank you for this comment and thank you for doing these graphics for us. They are brilliant and it took a lot of work to do it.

Moving on, this group has come to a consensus that you like a combination of random questions and teaching modules, or prepared presentations. So, I have prepared to speak to you about the Infinite and Transcendental Soul.

A comment about the 12 musical notes they also have wavelengths associated with each of them. These notes can be visualized as the prisms of color or sound, or energies and they relate to the levels of the 12 notes. These graphic images also point out how they are connected.

It's also interesting how other numbers are big themes in other spiritual teachings. For example, the 12 disciples, [the 12 astrological movements](#), [yes so many](#). Yes 12 is also very big. And in the MT you have JP Van Hulle's channeling about the 12 positions in the support circle. I channeled that there were 12 Cadres in a Cadre Group although Yarboro said there were 7 Cadres in a Greater Cadre and on the surface, this looks like a contradiction, but you are really talking about energies. They are not like solid objects. In terms of energies there is no reason why groups of energies couldn't come together in groups of or 12.

So, we are sampling seeing themes. (23:50)

[Refer to audio for additional comments. There are so many different systems and levels and here we are looking at one at a time.](#)

We also have 5 Soul Ages that we deal with on the Physical Plane but there are actually a 6th and 7th. The 6th relates to the Astral Plane and the 7th relates to the Causal Plane. When we have completed the Causal Plane, we have completed sort of a sub-cycle within our Grand Cycle. Then we move on to start a new experience in the higher planes.

[I would love to understand about the geometry shapes...](#)

Referred to the Suzanne Redelfs site for follow up: Council of One. I.e. healing monthly calls and healing techniques.

In the first Michael channels in the books published by C.Q. Yarboro, the idea of an Infinite Soul and a Transcendental soul was introduced. This is

very useful information to help explain what has been happening throughout history with these great souls such as Jesus, Buddha, Lao Tsu, Zoroaster, Gandhi who have had such a transformational effect on the planet. I do not for the most part believe that the intention of these teachers was to form religions. I realize in what has come down to us as the New Testament, there is a command to start a church, but we not really know what Jesus actually said because most of this was recorded, put into writing 100 years after his death. And they also have been translated into many languages and various people got their hands on it and edited it according to their agendas.

Personally, I don't think they foresaw that people would rigidify their teachings into this dogma that had to stay the same forever. Michael has pointed out more than once that when the teacher dies their teachings pass into literature. Meaning that it's great to read it but if the teacher is not around on the Physical Plane for you to ask them questions, to have your misconceptions corrected, your out of luck. So, all that is really left for us is to use our own truth sense and validate for ourselves. Actually, there is a great deal that I find in the New and the Old Testament that I find absolutely beautiful and true as I interpret them. Of course, interpretation is everything since we can all hear the same thing but have different interpretations based on our own definitions.

To know truth that comes through to you in words it has to resonate with the Truth within you. If you are an intensely self-honest person, if you work to know the truth and get past your own biases, you'll have a better chance of recognizing the Truths these teachers brought.

In the Michael books from the '70's and '80's it said there were 4 Infinite Souls in recorded history that we know about, through human beings not the dolphins and whales, the cetaceans and 4 Transcendental Souls that have come through. If you go further back in history, there have been sentient souls on the face of Earth for, God knows how long. Surely this has happened many times before, but these are the ones we know about. And there is also the teaching that we live in an era where there will be more Infinite Souls coming.

To understand these Souls, we need to go back to last week and the discussion about the planes of existence. You'll remember that there are 7 planes of creation. The 4th or the Akashic is not a plane where we actually pause to have experience. It acts as the library for the rest of the planes. We have the 3 concrete planes that we are exploring now and then the 3 abstract planes. They mirror each other. The 1st and the 7th mirror each other both are Action Axis planes since they are all about doing and pure energy (the Physical and the Buddhaic). The 2nd and 6th are emotional planes, they are about Love (the Astral and the Messianic). And the two internal planes are Intellectual in nature, (the Causal which is mirrored by the Mental Plane).

Before I go on, raise your hand if there is any question about this concept.

[A comment, Jesus said he was here not to bring Peace, and I always thought that was an interesting comment since he came from the Love plane.](#)

I love interpreting the scriptures from a new age point of view. I love the allegories of it. Like poetry, any words of eternal truth can be interpreted in many different ways and it's possible for all interpretations to be correct. My interpretation of that is, "I'm here to stir things up and not to make you complacent and make you think that things are already fine and the ways they should be". And this is exactly why those on the higher planes arranged for periodically to be Transcendental Souls and Infinite Souls to stir things up.

The Transcendental Soul is said to have the purpose of bringing widespread sociality, social transformation. The Infinite Soul is said to bring widespread spiritual transformation which occurs at a higher vibration. So, we need a higher vibration to stir things up spiritually across the planet.

Here is a description of the mechanics for the Transcendental Soul. When you are done with the Physical Plane... well let's go back another step. When you are done with a lifetime but not done with the Physical Plane you're hanging out on the Mid-Astral Plane. When you're all done on the Physical Plane, you're probably hanging out a lot on the Upper Astral Plane waiting for other members of your soul family to also finish up. And when everyone in your soul family, your entity is finished with the Physical Plane, we call that being cycled off, you are now able increasingly work as a team within your entity.

We call that recombining. Recombining implies that you are losing all your individuality and that you are melding together into a blob but that is not my understanding of the process. My understanding of the process is that you retain your individuality and may in fact be increased as you develop a greater specificity in the ways that you can contribute something to the whole. But your focus, your attention shifts to the whole. And this is not an immediate occurrence it is continuous. The unification occurs step, by step, by step as you move through all the higher planes. But it begins on the upper Astral.

So that is where reuniting begins. It increases at the first level of the Causal Plane as we shift into that more Intellectual way of being. It increases further on the Mid Causal Plane. Michael is a Mid Causal entity. And then it continues through the Upper Causal but then what starts to happen is a shifting of focus to combining with the Cadre. You remember that a Cadre is simply 7 entities. So, our focus begins to shift from our own entity to combining with the entire Cadre. When we complete the Causal Plane, we also complete the 3 concrete Ordinal Planes. When we move into the 3 high planes and this reuniting starts to include larger and larger groups. Larger and larger groups start working together and eventually the largest groups have recombined and begins to be reabsorbed back into the Tao. And that is the conclusion of the Grand Cycle.

Anything that anyone could possibly say about metaphysics is by necessity an oversimplification for the purpose of putting concepts into human words to be understood by human brains. The reality will always be a lot more complex. But I think the models I'm sharing with you give you a basis for intuiting the underlying structure of what is happening on these higher

planes. Even Michael can't claim to understand the high planes or the Tao all that well because they are not yet there themselves. There are a lot of things we are not going to vividly understand until we are there. I've never had conscious out of body experiences, so even though I have a lot of knowledge about what it is like on the Astral Plane, and I assume it's pretty accurate, I'm not speaking from my own conscious experience. I'm teaching it based on what reliable sources have told me. The nice thing about having these models of reality it they give you peace of mind...

Now, the high planes. I think I mentioned that I once channeled a Messianic Entity and that the energy was glorious. Maybe it was just me, but it was so hard to get words out for them because they exist at an abstract level, and they are so far beyond words. This may not be universal since there may be people channeling from the high planes, but I don't think it happens very often. Someone who has figured out how to get the words out. But I also think the messages are likely to be pretty abstract, more about feelings and more about energies because these are abstract planes. It's not something that we can understand very well from where we are. But they are intimately involved with the Physical Plane, and it is in those abstract planes where they make abstract decisions as how to combine parallel universes. When are they ready to recombine, when are they ready to split off? They make these types of very high-level decisions, and they made these high-level decisions about when the Physical Plane needs an Infinite Soul or a Transcendental Soul.

What is a Transcendental Soul? Let's say the supervisors on the high planes look at the planet and say, "They could really use their social structure shaken up a bit so they could grow more. Let's send a Transcendental Soul." The last one we had according to Yarboro was Gandhi. In the last 6 months of Gandhi's life, the soul who I think was a 6th or 7th level old Priest... Remember I said that the Astral Plane is characterized as the 6th Soul Age, it's characterized by the number 6? Since you have the 5 soul ages on the Physical Plane and the Astral is the 6th and the Causal is the 7th. Parenthetically if your primary or secondary casting is 6 or 7 you have a cable tv-like wiring directly to the either or both those planes, because you are resonating directly to the 6th or the 7th planes.

Michael has said that because Priests are the number 6 Role, they are especially good at hosting the Transcendental Role which comes down from the upper level of the Astral Plane. They could be either 6th level old, or 7th level old. They go on to say that the truth is that anyone could be a host for the Transcendental or Infinite Soul but when you have these numbers resonating it's more convenient, it works better, and it gives that person more stamina to be able to handle that energy because there is a greater alignment with it.

The wise folks on the high planes are scanning the Physical Plane and they are saying, "Who might be a good candidate to be the next Transcendental Soul?" and they see this guy Gandhi, who's doing a lot of good work, he's a good teacher and he's really involved with political and social change in a nonviolent way. He's already pretty well known and pretty well loved. He's a powerful guy... So they get a bunch of the guides together and ask him if

he wants to be the host for the next Transcendental Soul. And he's happy to volunteer for it. Next what happens is the Priest steps out or maybe steps aside, it can happen either way. And he allows a representative, an entity that has already cycled off, they are done with the Physical Plane. So, they are not incarnate, and they are already working together in this more cohesive powerful way. So, a representative from that Plane takes over the body. That is called a Walk-In (43:03).

Now human bodies are not equipped to run full time on 7th level Astral energy. They are really made for 1st level Astral energy since that is where the soul resides. The body is not going to last for 70 years, it's going to burn out sooner with that higher voltage coming through. Meanwhile the higher voltage can stir things up on the Physical Plane. The body will maybe last for 6 more months. We know that Gandhi was assassinated and that was probably useful since the body was probably going to die earlier anyway. There are souls who are so masterful over their body that they can cause it to ascend, that is they can take it with them rather than separating the soul from the body and dying.

Some say that is what Jesus did, maybe he did in some parallels and not in others, we don't know. In any case the fact that Gandhi was assassinated and that he did that final gesture of unconditional Love for the man who assassinated him was a powerful and influential statement for humanity. So, he made use for that. Just as it could be argued that Jesus made good use of dying on the cross to make a statement that when you are in control of your body, you don't really die. As souls we want to make use of every experience. We want to make lemon meringue pie out of the lemons life throws at us. We want to make something good out of anything bad.

Because of Gandhi, we had Martin Luther King teaching about nonviolent resistance, and we had a lot of society change that was quite useful. Also, Michael says that the Transcendental Soul comes before the Infinite Soul to prepare the way, stepping up the vibration of humanity.

BREAK

I want to say a word about the impact that higher energy can have on the planet. You've heard me say this before that I've run into many clients who maybe because they are elderly or unwell and felt useless. I always try to impress on them that if you are confined to bed but if you are opening to the highest vibration possible to you, you are doing more to help the planet than anything else you could possibly do.

If you think of the energy of the planet as sort of running a gamut that runs from most heavy, negative, coarse to the highest, most loving with a mean or an average in the middle. We need to get that average higher because we cannot solve our current problems from the current average level of human consciousness. We have to raise it.

Higher Love vibration energy is more powerful than the denser vibrating ones because it vibrates faster. It's a fact of Physics. So, whatever we can do to introduce more refined energies into the mass consciousness, this is really important work. Ever since I've channeled Michael, they've

encouraged people to get together to meditate in groups so that higher energy is amplified with the intention to serve the whole and bring in the highest possible energies. Every time I've channeled Michael for groups, they've really liked it because it amplifies the energies. Everyone who is expanding to their rapidly vibrating Causal Energy are in turn broadcasting it to the people who they are connected like their loved ones. And it goes out into humanity that way. This is a really an important form of service.

When we look at someone like Gandhi who spent the last 6 months of his life allowing a recombined entity from the Astral Plane to inhabit his body to broadcast, you can see that it wasn't just the words he spoke or the actions he took but it was the very energy that he was able to bring into the midst that could be a disruption and make society move toward a more conscious level. And of course, this assassination happened right after WWII and the world was in a state of great devastation. It was good timing for a shakeup.

The idea is then the Infinite Souls comes around 50 years afterward. But with Jesus we had John the Baptist who was a Transcendental Soul, and he came right about the same time.

Now what are the mechanics of the Infinite Soul? The Transcendental Soul is a representative of a reuniting Entity on the 7th level of the Astral Plane. The Infinite Soul is a representative of a reuniting Cadre, or a Cadre beginning to reunite just like the Entity who is beginning to reunite on the Upper level of the Casual Plane. But what that representative does coming into someone's body, is they then channel through an energy from one of the high planes, one of the abstract planes, either the Mental Plane, the Messianic Plane or the Buddhaic Plane.

This channeling colors the impact and teaching that the Infinite Soul will have on humanity. Jesus for the last month of his life, channeled from the Messianic Plane so it was a Love teaching, an emotional teaching. Lao Tzu and Kristna channeled from the Mental Plane, so it was more of an intellectual teaching. And The Buddha channeled from the Buddhaic Plane, so it was more of an energetic teaching. So, it was a sort of passing it down activity.

As I was saying before it would be very hard for the Infinite Soul to channel directly from the high planes. It has to be stepped down in some way from the abstract planes into the concrete planes. So, that's how it is done. And because Upper Casual Plane is so intense, the manifestation of the Infinite Soul, which incidentally always happens to someone who is a really good teacher and healer like Jesus, an only last about a month, and then the body burns out.

I can relate to this from my own experience. I've been channeling from the Mid-Causal Plane and in my channeling of Michael over 35 years, I seem to be bringing in more intense Casual Energy than any other channel, I've ever run into. And it's very cool, people see lights around me, my face changes, they feel tingling in their body, it's very transformational. And when it's done for a group, it sort of like a 2 or 3 hour visit from the Infinite Soul, but they are from the Upper Casual not the Mid Casual.

I know from my own experience that it's rough on my Physical body. I've been doing it for 35 years, but I've been very careful to not do it too much and I've cut way back on it this year. It invariably disrupts my sleep and I feel wiped out the next day even though it feels very cool while it's happening.

Imagine that energy was Upper Casual and not Mid Casual where the vibration is a little faster. And imagine that I was doing that full time for a month rather than parttime. I know that would totally burn out my body. Now Michael would not do that to me or any other channel because they don't want to burn out the body. That is sort of what it is like for the Infinite Soul, they simply cannot last. Because the Casual Plane resonates with 7, the Infinite Soul is usually a King and usually it's a 7th level old King because that give you more of that 7 vibration and its more harmonious.

I channeled that the Infinite Soul through Jesus was a little bit different than the other 3. It was not a different soul from the Upper Casual Plane, but it was a future self of Jesus. It was very aligned with its own vibration and was pulling something in from the future. So that was very cool.

There are a number of Michael channels who over the last 30 years have identified various people, maybe spiritual people or political activists as being Transcendental Souls which disagrees with Yarboro. I figured out that they are picking up on something a little different. Either these are healers or teachers who are very connected to the middle and upper Astral Plane, their guides and teachers who are there and they are bringing in a lot of that energy. But it's not exactly how Michael defines a Transcendental Soul where the original resident of the body leaves and a new one come in. It's more like a shared experience. So, I think the ideas may have gotten a little muddled since these people are being identified as Transcendental Souls whereas they are bringing in some of that energy, but it's not the same thing.

The other thing that might be muddled here is that there is something called a 7th level old transcendent soul. This came through the first Michael channeling of Sarah Chambers. This is someone who finished with the Physical Plane and could have remained on the Astral Plane full time but decided to reincarnate without a lot of karma or other things to work out, if you are here, you're going to be working on some issues because there is an endless supply. But these are individuals who come in with a pretty evolved clean energy and they are just here to teach and help out. This is also not a Transcendental Soul but a 7th level old transcendent soul. I believe the Michael channel JP Van Hulle qualifies. She said that she had finished up with the Physical Plane and she decided to come back to be of service. (1:00:16) Whereas I just entered the 7th old cycle so this would not apply to me.

Are there any questions?

This is cool, we've heard from a Michael channel Victoria Marina who is connected with the Yarboro people that there were 2 new Infinite Soul manifestations. One in December 2011 again just for a month and another in January 2012. This is interesting because of all the talk about the ending

of the Mayan calendar and how important 2012 was. One was in Morocco and the other was in Siberia and they were both environmental/time of change activists. This information goes to show that these people are not always famous worldwide. Of course, Jesus wasn't famous worldwide in his day. It spread after his death. I take everything with a grain of salt, but these are reliable sources so it's possible.

One of the things that makes me glad to be alive in this decade is that a few of the Michael channels have been predicting for a long time that by the end of this decade we are going to have a lot of Infinite Souls. In the past when the world's population was much, much smaller they would just have one at a time. But the idea now is that they are going to be coming through both males and females, they will be all over the world and let's face it we need it. Humanity is in danger of extinguishing human life from the face of this planet because of climate change and all the other mischief that we are up to. So, we really, really need all the help we can get. The Tao and those on the high planes who make these decisions, like any wise being, they don't make the decision until they are ready and need to make the decision. So, we can predict that it may not happen as predicted because they are going to decide at the spur of the moment. Like, Now, now is the time we need another infinite soul on the planet.

I think it would be very cool to meet someone in the midst of that Infinite Soul manifestation. Although, any of you who have been in my presence when I'm channeling Michael, I think you get a little feel for what that energy is like because it's very intense. But it is cool, it's a wonderful thing. And the idea is to shake up the world spiritually. Those of you who are interested in the Michael Teachings and are attending this workshop are probably already shook up spiritually but viscerally knowing what that energy is like is very valuable.

We need role models. For example, when we look at all the evil in this world, all the genocide, all the cruelty all the nastiness, all the name calling, all the divisiveness. I wrote a book *Compassion for Evil*, because I really wanted to understand what makes up evil. One element of that is even if people go to Church and they want to be loving and nice and kind, they may have never seen another human being who model Unconditional Love. They don't even know what that looks like. How many people inside and outside the Churches have said things like, "I'm going to beat the devil out of you", "this hurts me more than it hurts you", sending kids to gay conversion camps to make them straight. "I'm doing this for your own good". They may really mean well. They may deeply believe that they are doing the right thing even if it feels terribly wrong to them. They just don't know what Love looks like.

The closest thing that some of us have been fortunate enough to encounter is the unconditional Love of a mother for her children. It can be not perfect, but the feeling that your mother is going to love you no matter what you do hints at it a little bit. So, those of us who were lucky enough to have that, or lucky enough to give that to our own children maybe have a little sense of it. If you are in the presence of someone who is accurately embodying Unconditional Love at a very high vibration this can be a game changer for

you because you can get it viscerally through the cells of your body. "Oh, this is something I want to shoot for, this is something I want to be, I want to be able to live in that vibration". It's not something that will happen overnight. It's a spiritual path of Love. It's constant work to raise the vibration, to release old anger, fear, hate, resentment, all those heavy energies. So, we can vibrate at an increasingly higher vibration.

Then what happens? Jesus said, "The work that I do, you shall also do, and greater work". Ok, he showed his students a high vibration. He was saying, "OK, you do the work, you get your vibration up and then you go teach others to get their vibration up, so other people can see what Love looks like and feels like.". That is what was supposed to happen, but of course what always happens is people want to lock it down into a dogma and they stop growing.

Still throughout history there have been people who could sense the beautiful truths in the words like the Sermon on the Mount. I think that holds up very well in terms of a spiritual teaching if you understand it accurately. You can understand it accurately if you are in touch with Love in your own heart.

So that was their purpose, to raise our vibration, give us little hand and we may be having a lot more of this energy coming into the planet over this decade. I think that is great. We're living in a very stressful time. We're living in a time of climate change. People who are young today so not have a lot of good things to look forward to in the short term in terms of climate change, pollution and the destruction of democracy. They have their work cut out for them. But on the other hand, if we are privileged to be in the presence of beings from higher planes who are coming into human bodies, I think that is a real benefit.

Are there any questions about Infinite and Transcendental Souls?

[Does Michael have a mission to help with the Infinite or Transcendental Souls coming in?](#)

I've never heard that the Infinite Souls is going to need their help. But in one obvious way is that they can identify the Infinite Soul when they are on the planet. I know some channels are targeting a lot of people to be some hosts for Transcendental and Infinite Souls. If it does and when it happens, if Michael can identify them to the students, I think it will be helpful. I don't know if the candidates will decide to do that will need Michael's direct help but why not. We are all in this together and we can all help each other out. And those on the higher plane still definitely have a stake in what happens on the Physical Plane. Their growth has to do with our growth and vice versa. We are all in it together.

[The soul that does the Walk-in, is it a reunited entity?](#)

Yes, for the Transcendental Soul. Let's say an entity is on the upper Astral and every member of their Entity, all 1000 of them or 1500, of them are all done with the Physical Plane. They are starting to reunite and none of them had planned to take on another human body but there's a call for a TS in a right entity. So, I think they are going to send a representative. I don't

think you are going to fit 1500 souls into one human body it would explode. But there could be 1 or 3 representatives. They are being to be so well knitted into the rest of their entity, so they have knowledge and access to the whole entity. So, it does work.

[Ok, and for the Infinite Soul, it's a Cadre?](#)

Yes, same idea but it's a faster vibration. So, there are 7 levels of creation, and every plane has 7 levels for a total of 49 levels of creation. And each consecutive one vibrates a little faster than the previous one. It's like the colors of the rainbow. There are 7 colors of the rainbow, but you can break it down into 7 bands for each color. So, each one vibrates a little faster and when we say faster, we don't mean, better, more divine, we don't mean that it's more loving. It's just how it is manifesting. The advantage of a faster vibration than what a person is used to, is that it stirs things up. And that is exactly what we want to do with the TS and IS, we want to stir things up.

If you come in for an intuitive reading and I bring my guides in to do healing work, the reason that it heals you is that it stirs up your energy field and breaks down what is calcified and allows it to receive higher vibrations and a more refined vibrations which may have a more pure clean energy field and then you feel better.

And since Michael is Casual Plane that energy vibrates still faster. So even though the speed is not better, it may be better for healing purposes or for shaking up the planet because it's giving everything a good shake.

[So, for Jesus, it was the last 30 days? Yes, generally that is how it works. And he wasn't present in his body at all? Was he connected to what was going on?](#)

It could happen either way. In Jesus' case, because it was a future self of his coming through, he was still there in the background as the 7th level Old King, teacher, political activist that he was. He was still there but it just became something much, much, bigger. It could also happen that with any Walk-In the soul would just leave. I think if it were me as the host of the TS or IS I'd want to stick around in the background because I would learn so much from it. I would be able to see how a much more advanced soul handles my body and my personality.... Using my body in a more elevated way. And I actually have a lot of this experience with channeling Michael because they are using my body, speaking through me. They are using my mind, they are using my knowledge base and they do it in a different way, my voice changes. I've always had a pretty high voice but when they come in, I sound different. It teaches me that this instrument could be used in different ways than the way I've been using it. So, I would think that they would want to stick around in the background in some capacity.

In my Michael Teachings humor, I think it is on my website, I joke that I thought that the next IS should be a Sage who puts on a musical to bring worldwide planetary spiritual transformation. I'm still lobbying for it because I think it is still a good idea. And we could have a Sage, preferably one who is young and very healthy because it's very demanding. The IS and the TS

although they have traditionally been Kings and Priests, they could be any role.

Let's go back to the question list. Please write them down when you think of them and send them to me. Remember I read the chat after the session.

[We often hear that we meet our loved ones after death. What form do they take when they appear to us?](#)

I've done a lot of mediumship; I've done a lot of talking to people on the other side. (1:18:07) In most cases, not all but in most cases, they choose to appear, to their loved one, either to a loved one who's just died, or it could be in a dream to the loved one still incarnate on the Physical Plane, as they looked at their prime. I'm going to probably want to appear to you with a full head of hair and no wrinkles. Not just for vanity but why not look my best when I appear to you on the Astral Plane?

I had that experience myself and I told this story in my book *Journey of Your Soul*. My mother died when I was 8 and it was bar none, the most devastating experience of my life. It was a karmic thing for me which made it even more devastating. She was an Old Sage in my entity, and we were very close. It left me in a sort of loveless situation with a cold wicked stepmother and a cold father, an older brother who hated me and a younger brother who was handicapped and talked nonstop. It was a very bad situation. 5 months after she died, I was sent away to summer camp, and I did not want to be there. I was crying all the time. I was an 8-year-old child and bedtime was 8:00. I was lying there for 3 hours unable to go to sleep and all I could think about was, "I'm going to be so tired in the morning" because rivalry was 5 or 6 in the morning. Then suddenly, I had the most vivid vision of my mother. I don't remember hearing anything, it was purely visual. She had been dying for 20 years so, she was not about to appear to me as at the time she died when she only weighed 76 lbs.

She appeared to me at her best and she was wearing this blue negligee that I remember her wearing. She was a beautiful looking woman. She had the face that she had when she was maybe 20. She used a hand signal, that I don't quite remember right now but it was like a gesture that everything was going to be OK. And I saw a man in a white robe with a long white beard, very kindly looking behind her. I was raised Jewish so the only thing I could think of was, "Oh that must be Moses", I didn't know who it was. I later found out that it was Michael. It was funny because Michael does not appear visually, they're Casual, they don't generally do that. But many people have said that when they've asked to see some sort of a visual from them, they get him as a very, very, tall skinny man. And that is what I saw. I never forgot it, but I didn't have any way of understanding it. But despite this, it stuck in my mind like a pebble that I couldn't make sense of it nor understand it. But I never, ever, forgot it. Then about 10 years later when I started having a spiritual teaching, I realized, "OK, I know what's going on."

So, people who are greeted by their loved ones, their loved ones usually want to look their best and that's how they choose to appear. If we are meeting our guides, who we didn't know in this lifetime, they may appear in

a way that we knew them in a past life, a way that we were especially fond of seeing them as, like a good friend, a helper or a teacher. So, in this instance they may not choose a younger version of themselves to project to you.

The Astral Plane being an emotional plane is very fluid and flexible. When we are on the Astral Plane it's fun because you can manipulate reality very easily. You can appear anyway that you want.

So, whatever is going to be the most comforting, the most useful to the person that's how they will appear.

Now the appearance that we are projecting is a facsimile, it's not how we actually look on the Astral Plane. On the Astral Plane if we show our true appearance we just look like energy. And a more advanced soul will not mind if you manifest just with your energetic imprint, and they will recognize you. So that is another way it can happen.

We do not need these physical imprints; we do not need names because you have direct communication. There's also the issue here that each personality, each individual, Shepherd, Susan etc. we are a subpersonality of a larger Essence, and we also have all these past lives selves who may also be known to the person. So, you can tune in... if I want to talk to the soul who is my mother, and she really isn't my mother anymore and she isn't really Ruth Hoodwin anymore, it's been a long, long, time, I could tune into that personality or I could tune in at a little higher level, at the essence level, the part of her that includes all the past lives selves. And/or I could tune into who she was in another past life. It's like tuning in your radio dial. You can tune in higher or lower on the dial to make contact with that level of being with whom you want to make contact.

[When we have loved ones on this plane, getting ready to pass, can we meet them on the other side to assist their transition?](#)

Yes, advanced altruistic souls like you are probably already doing it. You may not remember that you are doing it. Let's say that you slept for 9 hours but you wake up exhausted there is a chance that you were out of body and working very hard and that you didn't get a chance to rest. That may have been one of the things you were doing, helping people cross over whether you knew them or not.

[... An extended response, please listen to the audio.](#)

The different parts of ourselves are not always in agreement on everything. It should not be assumed that just because the soul, Essence, are higher levels of our selves in the sense that they vibrate faster, it isn't that they are necessarily wise or that they don't still have unresolved issues. Those of us who are altruistic, especially the Priests who feel like they need to be on duty 24/7 to serve the higher good may have a really deep belief that they don't get any time off to regenerate, that "I'm basically going to work until I drop". That's not smart and the reason it isn't smart should be obvious. If you strike a right balance, if you get the rest you need, you will have more staying power, you're going to be healthy in the body and have more energy. In the long run you can do more good. So, you as a personality

might have to teach your soul and do some negotiation with the soul. You many need to say "this isn't working for any part of us. I need to get rested. Then I'm perfectly happy to do the work to help others...." You have to help yourself. You can't sacrifice the long term for the short-term efficacy. This may be a lesson that your soul hasn't learned yet. And you as a personality might be in a position to teach it. Any you may not be able to get it across very quickly and you may need to be very patient.

I think I may have told part of this story before. I was actually pretty shocked. I was dealing with the Server cast King Michael fragment who was assigned as the main fragment dictating charts to me. And I came across a trait in this mid casual soul that had not yet evolved. It had a vestige of arrogance with stubbornness. I had requested that they also dictate the secondary obstacle and not just the Chief Obstacle for each chart as some other channels were doing. And that King refused to do so for a long time. I was mystified because I had never known Michael to refuse any information. And it was certainly a reasonable request.

When I channel Q&A's I'm not dealing with this Server cast King. I deal with a bunch of about 30 others. The fact that you are working with 30 and not just one means that particular individuals have some unevolved aspects to themselves it would get papered over since you are getting the best out of the 30. You know the blind spots aren't going to take over. So, I went to them about this issue, and they definitely agreed with me that yes, I should be able to do that. But they wanted to make it clear that students needed to be very clear the priority was working on their CO and if they did not make progress on that they would not make progress on any of their other Obstacles. So, I said OK, I will make sure I will communicate that, but I still want the secondary.

And finally, I had to enlist these other fragments who I use for the Q&A's to go talk to this Server fragment and work it out. "What is this that you are being so stubborn about this?" In fact, I asked this group if this wasn't a vestige of the CO of Stubbornness because I know that they don't really have a personality at that point, but there are vestiges. They said, no it was actually a vestige of Arrogance, any you know that Kings in the negative pole are tyrannical i.e. I'm the one in charge here and I make the rules.

They finally got through to this soul. So, then I asked this group, if this Server cast King, who I should say was a dear friend of mine who I've known on the Physical Plane in many lifetimes, is he upset with me for going over his head on this issue? And fortunately, they said, "no. this soul is actually very grateful that he got some growth and healing". Because we don't resolve every single issue before we cycle off the Physical Plane. We don't have time, so we carry some of these unresolved, unclarified though forms and feelings with us and I was running up against this as a Casual feature.

This was so eye opening to me because Michael is usually so uncannily correct and accurate and compassionate and wise that I just didn't think it could be anything else. But Michael has always said, we can make mistakes

validate everything, make the teachings your own. In addition, that every channel is fallible, and channels can account for errors, mistakes and biases.

This comes back to a great lesson of all spiritual teachings which is you are responsible for your choices; you are responsible for creating your reality and you have the right to negotiate with your soul for personal time for rest if you are working too hard. 1:35:58 you may also want to do some deep work exploring the belief that says, "I need to work until I drop dead in service to the higher good".

That is not a true belief and many of us hold this belief. You do not have to work yourself to death. You can have fun, you can have play, you can have rest. Remember what I said last week how True Play and True Rest balances us so we can do more in the long run. So, you have the right to demand that. But you might have your work cut out for you. But I would also like to say, also do work around deep relaxation, so you are capable of getting the sleep that you need. ...

What we are really avoiding is false personality. False personality is what we know as ego that is fear based. Probably false personality doesn't have a lot to teach Essence. But true personality does, and personality has every right to ask for what it wants and to create what it wants.

I don't think that any part of self should think of itself as being superior. I think that every part of self, is part of the team. Including your guides, are part of the team; everyone has good ideas, and should all work together rather than one trying to dominate the other.

I don't think Essence should dominate personality. It's usually the other way around with false personality cut off from Essence and isn't listening at all. That is not good either.

[A comment in my experience what happens is if you don't listen the CF is fed. In my case, if I push it too far, I go deeper and deeper into Martyrdom. And the further I go into Martyrdom, the less effective my work is.](#)

Yes, it's a collaboration, it's a listening. Your communication with your Essence and your guides follows the same principle as communication with your fellow human beings, family and loved ones. That is to listen and respect and then communicate how it looks to you. Then you can negotiate. That is part of all relationships both internally and externally.

[If you don't shut it down, when necessary, it can go sideways very quickly.](#)

Balance in all things is my Libra motto. It's so important to find a balance and it is not easy. But when we are living with our intuition, we are going to better with it. If we listen, our intuition will tell us what needs to be in balance. ... we will get into better balance if we pay attention.

[Question about a guru who was an extreme example 1:43:12 refer to audio](#)

This was an extreme example, there are Essence dominated people who can feed themselves.

[Can a soul manifest only in its last incarnation?](#)

No, it's just a choice. Let's say you're a soul who really loves the spiritual work. According to Michael spiritual work is not necessarily superior in any way to any interests you might want to pursue on the Physical Plane. Maybe you like to pursue musical mastery. That is just as valuable as spiritual mastery. But if you're one of these people who love mediating and you have the patience to meditate many hours each day... you might volunteer to be one of these souls who just provides a physical body that Essence can use to radiate higher vibrations into the world.

This brings up a key point. That is those who are not physical can only do so much on the Physical Plane. It is always emphasized how valuable it is that there are human beings, people with bodies, people down here on Earth, who are open to spirit to bring the higher vibrations in through their bodies. The guides the teachers, they can only do so much from the realm of spirit. So, we who are in bodies are on the front lines. these people who are meditating in caves for 40 years and can't feed themselves, they could not do that, they could not bring it so viscerally into the Physical Plane if they didn't have a body to be their broadcasting station.

We who are on the spiritual path, who have altruism, who really want to serve the highest good here on the Physical Plane. We are where it's at. We are on the front lines. We are doing the most important work. Those in spirit can only be in secondary positions. We have to do it. And that is why we are here. And if you have managed to come in overcoming terrible abuse and obstacles and gotten your body to the point where you are capable of holding a high vibration that is incredibly valuable. That is worth sticking around here on the Physical Plane even if you're not otherwise having a very good time in your life at the moment.

[After having a life like that, can you incarnate and have a normal life?](#)

Yes, absolutely. There is a lot of value in being human. That is one of the great things Michael teaches but a lot of teachings are not so clear about. Like the Church, the whole point of your physical life is to get the hell out of here and get to heaven as soon as you can. 1:46:50 That is not true. Or you should overcome all of your nasty human inclinations, so, you should not want to have sex, NO Not true.

You can have really useful experiences for the Tao by being fully human, by being sexual and being the best lover, you can possibly be by bringing the unconditional love vibration into physical sexuality. This is an experience you can only have on the physical plane, and it is worthwhile. Any experience on the Physical Plane is worthwhile to our evolution. So yes, they can get back to having normal human experiences. And it is just as valuable as any other experience.

[When I was in a very high state of spirituality, I fainted. At that time, it was a target to get to because it served for me as an escape from life. Now I feel much more grounded on earth.](#)

[I experienced too much energy came through my body and there was no way I could live that that.](#)

It's like exercise. Let's say you are out of shape, and you want to get into shape. If you do too much at first, you are going to be sore. Bringing in higher and higher vibrations incarnated into your physical body it's best as in all things to do it gradually. And those who try to do too much too fast, maybe they are impatient, maybe they are greedy for it, or maybe they want to get the hell out of here because they don't like being human much, that is not a very positive loved based reason for opening to higher energies. But in any case, when you open to higher energies, you need to condition your body, slowly and gradually and the fact that you fainted means that you did not do that. You opened too much too fast.

I've been working with a young man for about 12 years. When I first connected with him, he had just been let out of the psychiatric ward of a mental hospital. He had a break, simply for that reason. Over many lifetimes he had been in too much of a hurry to reach these higher states. He opened too fast in a violent way, and he had a psychotic break. But he's doing really well though. He had to learn to do it a little bit at a time. This is really what most of the gurus will teach you, a daily spiritual practice. Meditate every day, it's better to meditate a little each day than a lot one day of the week. This allows you to get used to higher and higher vibrations and you can raise it gradually.

I noticed that for channeling Michael it's the exact same thing. I don't know anyone who first channeled a Casual plane entity before they first channeled and Astral entity. Because the Casual entity is faster, and it is too violent to subject your body to that much faster vibration. So, you start with channeling your guides.

Sara Chambers the first Michael channel, first started by channeling a 7th level old King on the Physical Plane of another planet, an extraterrestrial. Then she channeled a guide from the Astral Plane, then Michael came to her. Her body was then capable of stretching to that. This is true with me. I have been talking to my guides daily for 9 years before I brought him in. and when I first started channeling Michael, if I went over 45 minutes, I got horrible headaches like someone had hit me over the head with a frying pan. I had to be very careful at first.

And if I haven't channeled for a while, I have to build up to it again just like if you are athletically out of shape. But eventually with practice maybe pushing through too much, I once channeled over 6 hours in one session, which I will never do again. I could hardly see straight the next couple of days. But I was able to do it because I stretched my capacity.

The only way you will do this right is if you let go of your judgements that more is better. (1:53:06) you let go of greed for enlightenment. You let go of I'm not good enough the way I am I have to be more involved. And instead, you find happiness exactly where you are right here. And then you have more to look forward to. Yeh, I'm going to keep expanding, I'm going to keep growing and that will be great too because I'm enjoying this. Rather than it always has to be more, more, more, more enlightenment. Just be in this present moment. Be kind, enjoy where you are and don't be in such a damned hurry to get out of here, to get up to the higher planes. You chose

to be here! It's like you've planned this vacation in Hawaii, and you get there, but then you are in a big hurry to get over to Fuji. No, you are in Hawaii, enjoy Hawaii. Fuji will be very nice when you get there. But just be in Hawaii right now and try to find some peace and enjoyment.

Now I know this is a really tough planet and it's often very unpleasant. Most of us are highly sensitive people and we feel the pain and suffering that is so prevalent on this planet routinely than most people do. We know that Love is possible, we know it can be beautiful and yet we are dealing with some very difficult things. Maybe our body is not working that well. I totally get the desire to be free from all this pain and discomfort. I totally get it. And maybe you think, if I only get more enlightened, I'm going to be free from that.

Yeh, maybe not. It's better to be working with the sources of pain and discomfort in your life, to release your reactions to them, to get more peaceful with things as they are and keep doing the daily work to raise your vibration in a way that it is graceful and in balance for you. So, not too slow so you are blocking it and not too fast, so you are forcing it forward.

This is one thing you should defer to Essence since Essence know how much you can handle. Say, "Essence guide me, I'd like to grow in the fastest possible way without forcing it. I want to move forward in my life with grace and wellbeing, so, help me set the right speed." Then just listen and it will be just right for you.

It's not a contest. All the experiences you have and have ever had is going to be useful for your growth and the growth of the Universe.

Now, yes, let's reduce pain and discomfort as much as we can. I will totally sign on the dotted line for that. But you are not going to entirely get away from pain and discomfort as long as you're in a body. Shit will still happen, sorry, no way around that. But you can minimize it. You can minimize it in a number of ways. I have a whole book on this subject called, *Growing Through Joy*. You minimize pain and discomfort by making choices more slowly and more carefully with more consciousness. You avoid sources of pain and discomfort by thinking things through. If you know certain people are toxic in your life, then you strategize to avoid them, to navigate around them. Or to handle them in ways that will not trigger them, so you don't get triggered.

So, there a lot of things we can do to have a happier time being a human on this planet. But we should also not resist pain to much, because that is just going to make it worse. Just accept that there is going to be some suffering and pain on this planet. The goal is to minimize it. We are not going to get rid of it entirely. This is what Buddha taught, life is suffering. I joked in my book *Enlightenment for Nitwits* that he needed to read a good book on positive thinking. Wow, "life is suffering" that is so negative! But I think he was just being realistic. Every one of us will have loved ones die and that will be painful for us. We will all have health challenges if we live long enough. It's just part of the Physical Plane. So, don't resist it, just minimize it.

Are there any closing comments or questions?

Well, this has been another wonderful session and I can't tell you how much I enjoy teaching them. And how much I love what comes through me. It doesn't just come from me but through me. I feel privileged to be able to do it.